# DENSITY, OVERCOMPLETENESS, AND LOCALIZATION OF FRAMES. 

## I. THEORY

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#### Abstract

This work presents a quantitative framework for describing the overcompleteness of a large class of frames. It introduces notions of localization and approximation between two frames $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ and $\mathcal{E}=\left\{e_{j}\right\}_{j \in G}(G$ a discrete abelian group), relating the decay of the expansion of the elements of $\mathcal{F}$ in terms of the elements of $\mathcal{E}$ via a map $a: I \rightarrow G$. A fundamental set of equalities are shown between three seemingly unrelated quantities: the relative measure of $\mathcal{F}$, the relative measure of $\mathcal{E}$ - both of which are determined by certain averages of inner products of frame elements with their corresponding dual frame elements - and the density of the set $a(I)$ in $G$. Fundamental new results are obtained on the excess and overcompleteness of frames, on the relationship between frame bounds and density, and on the structure of the dual frame of a localized frame. In a subsequent paper, these results are applied to the case of Gabor frames, producing an array of new results as well as clarifying the meaning of existing results.

The notion of localization and related approximation properties introduced in this paper are a spectrum of ideas that quantify the degree to which elements of one frame can be approximated by elements of another frame. A comprehensive examination of the interrelations among these localization and approximation concepts is presented.


## 1. Introduction

The fundamental structural feature of frames that are not Riesz bases is the overcompleteness of its elements. To date, even partial understanding of this overcompleteness has been restricted to limited examples, such as finite-dimensional frames, frames of windowed exponentials, or frames of time-frequency shifts (Gabor systems). The ideas and results presented here provide a quantitative framework for describing the overcompleteness of a large class of frames. The consequences of these ideas are: (a) an array of fundamental new results for frames that hold in a general setting, (b) significant new results for the case of Gabor frames, as well as a new framing of existing results that clarifies their meaning, and (c) the presentation of a novel and fruitful point of view for future research.

Due to the length of this work, it is natural to present it in two parts. The first part, containing the theoretical and structural results that have driven the research,

[^0]forms this paper. The second part, containing the applications to Gabor frames, will appear in the paper [BCHL05a] (hereafter referred to as "Part II").

At the core of our main results is Theorem 3.4. The precise statement of the theorem requires some detailed notation, but the essence of the result can be summarized as follows. We begin with two frames $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ and $\mathcal{E}=\left\{e_{j}\right\}_{j \in G}$, where $G$ is a discrete abelian group, and introduce a notion of the localization of $\mathcal{F}$ with respect to $\mathcal{E}$. The idea of localization is that it describes the decay of the coefficients of the expansion of elements of $\mathcal{F}$ in terms of the elements of $\mathcal{E}$. To make this notion of decay meaningful, a map $a$ from the index set $I$ into the index set $G$ is introduced. With this setup, Theorem 3.4 establishes a remarkable equality relating three seemingly unrelated quantities: certain averages of $\left\langle f_{i}, \tilde{f}_{i}\right\rangle$ and $\left\langle e_{j}, \tilde{e}_{j}\right\rangle$ of frame elements with corresponding canonical dual frame elements, which we refer to as relative measures, and the density of the set $a(I)$ in $G$. This equality between density and relative measure is striking since the relative measure is a function of the frame elements, while the density is solely determined by the index set $I$ and the mapping $a: I \rightarrow G$.

The impact of Theorem 3.4 comes in several forms. First, the result itself is new, and its consequences along with related ideas discussed in more detail below represent a significant increase in the understanding of the structure of abstract frames. Second, the application of Theorem 3.4 and our other new theorems to the case of Gabor frames yields new results, which will be presented in Part II. These recover as corollaries the existing density results known to hold for Gabor frames, but in doing so, shows them in a new light, as the consequence of more general considerations rather than of a particular rigid structure of the frames themselves. The notions of localization, approximation, and measure are interesting and useful new ideas which we feel will have impact beyond the results presented in this paper. In particular, it will be interesting to see to what degree wavelet frames fit into this framework, especially given recent results on density theorems for affine frames [HK03], [SZ02].

In addition to the fundamental equalities relating density and measures discussed above, we obtain a set of additional significant results, as follows.

First, we provide a comprehensive theory of localization of frames. Localization is not a single concept, but a suite of related ideas. We introduce a collection of definitions and describe the implications among these various definitions. We also introduce a set of approximation properties for frames, and analyze the interrelations between these properties and the localization properties.

Second, we explore the implications of the connection between density and overcompleteness. We show that in any overcomplete frame which possesses sufficient localization, the overcompleteness must have a certain degree of uniformity. Specifically, we construct an infinite subset of the frame with positive density which can be removed yet still leave a frame. We obtain relations among the frame bounds, density of the index set $I$, and norms of the frame elements, and prove in particular that if $\mathcal{F}$ is a tight localized frame whose elements all have the same norm then the index set $I$ must have uniform density.

Third, we explore the structure of the dual frame, showing that if a frame is sufficiently localized then its dual frame is also. We also prove that any sufficiently localized frame can be written as a finite union of Riesz sequences. This shows that
the Feichtinger conjecture (which is itself related to the well-known Kadison-Singer conjecture) is true for the case of localized frames.

In Part II we apply our results to derive new implications for the case of Gabor frames and more general systems of Gabor molecules, whose elements are not not required to be simple time-frequency shifts of each other, but instead need only share a common envelope of concentration about points in the time-frequency plane. These include strong results on the the structure of the dual frame of an irregular Gabor frame, about which essentially nothing has previously been known beyond the fact that it consists of a set of $L^{2}$ functions. We prove that if an irregular Gabor frame is generated by a function $g$ which is sufficiently concentrated in the time-frequency plane (specifically, $g$ lies in the modulation space $M^{1}$ ), then the elements of the dual frame also lie in $M^{1}$. We further prove that the dual frame forms a set of Gabor molecules, and thus, while it need not form a Gabor frame, the elements do share a common envelope of concentration in the time-frequency plane. Moreover, this same result applies if the original frame was only itself a frame of Gabor molecules.

Our paper is organized as follows. The next subsection will give a more detailed and precise summary and outline of our results. Section 2 introduces the concepts of localization and approximation properties and presents the interrelations among them. We also define density and relative measure precisely in that section. The main results of this paper for abstract frames are presented in Section 3.

### 1.1. Outline.

1.1.1. Density, Localization, HAP, and Relative Measure. The main body of our paper begins in Section 2, where, following the definition of density in Section 2.1, we define several types of localization and approximation properties for abstract frames in Sections 2.2 and 2.3.

Localization is determined both by the frame $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ and by a reference system $\mathcal{E}=\left\{e_{j}\right\}_{j \in G}$. We assume the reference system is indexed by a group of the form

$$
\begin{equation*}
G=\prod_{i=1}^{d} a_{i} \mathbf{Z} \times \prod_{j=1}^{e} \mathbf{Z}_{n_{j}} \tag{1.1}
\end{equation*}
$$

with a metric on $G$ defined as follows. If $m_{j} \in \mathbf{Z}_{n_{j}}$, set $\delta\left(m_{j}\right)=0$ if $m_{j}=0$, otherwise $\delta\left(m_{j}\right)=1$. Then given $g=\left(a_{1} n_{1}, \ldots, a_{d} n_{d}, m_{1}, \ldots, m_{e}\right) \in G$, set

$$
\begin{equation*}
|g|=\sup \left\{\left|a_{1} n_{1}\right|, \ldots,\left|a_{d} n_{d}\right|, \delta\left(m_{1}\right), \ldots, \delta\left(m_{e}\right)\right\} \tag{1.2}
\end{equation*}
$$

The metric is then $d(g, h)=|g-h|$ for $g, h \in G$. Our results can be generalized to other groups; the main properties of the group defined by (1.1) that are used are that $G$ is a countably infinite abelian group which has a shift-invariant metric with respect to which it is locally finite. The reader can simply take $G=\mathbf{Z}^{d}$ without much loss of insight on a first reading.

The additive structure of the index set $G$ of the reference system does play a role in certain of our results. However, the index set $I$ of the frame $\mathcal{F}$ need not be structured. For example, in our applications in Part II we will have an irregular Gabor system $\mathcal{F}=\mathcal{G}(g, \Lambda)=\left\{e^{2 \pi i \eta x} g(x-u)\right\}_{(u, \eta) \in \Lambda}$, which has as its index set an arbitrary countable subset $\Lambda \subset \mathbf{R}^{2 d}$, while our reference system will be a lattice

Gabor system $\mathcal{E}=\mathcal{G}\left(\phi, \alpha \mathbf{Z}^{d} \times \beta \mathbf{Z}^{d}\right)=\left\{e^{2 \pi i \eta x} \phi(x-u)\right\}_{(u, \eta) \in \alpha \mathbf{Z}^{d} \times \beta \mathbf{Z}^{d}}$, indexed by $G=\alpha \mathbf{Z}^{d} \times \beta \mathbf{Z}^{d}$.

A set of approximation properties for abstract frames is introduced in Definition 2.9. These are defined in terms of how well the elements of the reference system are approximated by finite linear combinations of frame elements, or vice versa, and provide an abstraction for general frames of the essential features of the Homogeneous Approximation Property (HAP) that is known to hold for Gabor frames or windowed exponentials (see [RS95], [GR96], [CDH99]).

We list in Theorem 2.11 the implications that hold among the localization and approximation properties. In particular, there is an equivalence between $\ell^{2}$-column decay and the HAP, and between $\ell^{2}$-row decay and a dual HAP.

In Section 2.5 we introduce another type of localization. Instead of considering localization with respect to a fixed reference sequence, we consider localizations in which the reference is the frame itself ("self-localization") or its own canonical dual frame. Theorem 2.14 states that every $\ell^{1}$-self-localized frame is $\ell^{1}$-localized with respect to its canonical dual frame. The proof of this result is an application of a type of noncommutative Wiener's Lemma, and is given in Appendix A.

We define the density of an abstract frame $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ in Section 2.1. We assume there is some associated mapping $a: I \rightarrow G$. For example, in the Gabor case, $I=\Lambda$ is an arbitrary countable sequence in $\mathbf{R}^{2 d}$ while $G=\alpha \mathbf{Z}^{d} \times \beta \mathbf{Z}^{d}$, and $a$ maps elements of $I$ to elements of $G$ by rounding off to a near element of $G$ (note that $a$ will often not be injective). Then density is defined by considering the average number of points in $a(I)$ inside boxes of larger and larger radius. By taking the infimum or supremum over all boxes of a given radius and then letting the radius increase, we obtain lower and upper densities $D^{ \pm}(I, a)$. By using limits with respect to an ultrafilter $p$ and a particular choice of centers $c=\left\{c_{N}\right\}_{N \in \mathbf{N}}$ for the boxes, we obtain an entire collection of densities $D(p, c)$ intermediate between the upper and lower densities (for background on ultrafilters, we refer to [HS98, Chap. 3] or [BCHL05a, App. A]).

The relative measure of an abstract frame sequence $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ with respect to a reference frame sequence $\mathcal{E}=\left\{e_{j}\right\}_{j \in G}$ is introduced in Section 2.6. For simplicity, in this introduction we discuss only the case where both are frames for the entire space; in this case we speak of the measures of $\mathcal{F}$ and $\mathcal{E}$ instead of the relative measures. Furthermore we will discuss here only the case where $\mathcal{E}$ is a Riesz basis, so that its measure is 1 . Let $S_{N}(j)$ denote the discrete "box" in $G$ centered at $j \in G$ and with "side lengths" $N$ (see equation (1.5) for the precise definition). Let $I_{N}(j)=a^{-1}\left(S_{N}(j)\right)$ denote the preimage in $I$ of $S_{N}(j)$ under the map $a: I \rightarrow G$. We declare the lower measure of the frame $\mathcal{F}$ to be

$$
\mathcal{M}^{-}(\mathcal{F})=\liminf _{N \rightarrow \infty} \inf _{j \in G} \frac{1}{\left|I_{N}(j)\right|} \sum_{i \in I_{N}(j)}\left\langle f_{i}, \tilde{f}_{i}\right\rangle
$$

and make a similar definition for the upper measure $\mathcal{M}^{+}(\mathcal{F})$ (note that $0 \leq$ $\left\langle f_{i}, \tilde{f}_{i}\right\rangle \leq 1$ for all $\left.i\right)$. We also define the measure $\mathcal{M}(\mathcal{F} ; p, c)$ with respect to an ultrafilter $p$ and a particular choice of box centers $c=\left(c_{N}\right)_{N \in \mathbf{N}}$. Thus, as was the case with the densities, we actually have a suite of definitions, a range of measures that are intermediate between the lower and upper measures. Note that if $\mathcal{F}$ is a Riesz basis, then $\left\langle f_{i}, \tilde{f}_{i}\right\rangle=1$ for every $i$, so a Riesz basis has upper and lower measure 1. The definition of relative measure becomes more involved when the
systems are only frame sequences, i.e., frames for their closed linear spans. In this case, the relative measures are determined by averages of $\left\langle P_{\mathcal{E}} f_{i}, \tilde{f}_{i}\right\rangle$ or $\left\langle P_{\mathcal{F}} \tilde{e}_{j}, e_{j}\right\rangle$, respectively, where $P_{\mathcal{E}}$ and $P_{\mathcal{F}}$ are the orthogonal projections onto the closed spans of $\mathcal{E}$ and $\mathcal{F}$. The precise definition is given in Definition 2.16.
1.1.2. Density and Overcompleteness for Localized Frames. Section 3.1 presents two necessary conditions on the density of a frame. In Theorem 3.2, we show that a frame which satisfies only a weak version of the HAP will satisfy a Nyquist-type condition, specifically, it must have a lower density which satisfies $D^{-}(I, a) \geq 1$. In Theorem 3.3, we show that under a stronger localization assumption, the upper density must be finite.

The connection between density and overcompleteness, which is among the most fundamental of our main results, is presented in Section 3.2. We establish a set of equalities between the relative measures and the reciprocals of the density. Specifically, we prove in Theorem 3.4 that for frame $\mathcal{F}$ that is appropriately localized with respect to a Riesz basis $\mathcal{E}$, we have the following equalities for the lower and upper measures and for every measure defined with respect to an ultrafilter $p$ and sequence of centers $c=\left(c_{N}\right)_{N \in \mathbf{N}}$ in $G$ :

$$
\begin{equation*}
\mathcal{M}^{-}(\mathcal{F})=\frac{1}{D^{+}(I, a)}, \quad \mathcal{M}(\mathcal{F} ; p, c)=\frac{1}{D(p, c)}, \quad \mathcal{M}^{+}(\mathcal{F})=\frac{1}{D^{-}(I, a)} \tag{1.3}
\end{equation*}
$$

Moreover, we actually obtain much finer versions of the equalities above which hold for the case of a frame sequence compared to a reference system that is also a frame sequence. The left-hand side of each equality is a function of the frame elements, while the right-hand side is determined by the index set alone. As immediate consequences of these equalities we obtain inequalities relating density, frame bounds, and norms of the frame elements. In particular, we show that if $\mathcal{F}$ and $\mathcal{E}$ are both localized tight frames whose frame elements all have identical norms, then the index set $I$ must have uniform density, i.e., the upper and lower densities of $I$ must be equal. Thus tightness necessarily requires a certain uniformity of the index set.

The equalities in (1.3) suggest that relative measure is a quantification of overcompleteness for localized frames. To illustrate this connection, let us recall the definition of the excess of a frame, which is a crude measure of overcompleteness. The excess of a frame $\left\{f_{i}\right\}_{i \in I}$ is the cardinality of the largest set $J$ such that $\left\{f_{i}\right\}_{i \in I \backslash J}$ is complete (but not necessarily still a frame). An earlier paper [BCHL03] showed that there is an infinite $J \subset I$ such that $\left\{f_{i}\right\}_{i \in I \backslash J}$ is still a frame if and only if there exists an infinite set $J_{0} \subset I$ such that

$$
\begin{equation*}
\sup _{i \in J_{0}}\left\langle f_{i}, \tilde{f}_{i}\right\rangle<1 \tag{1.4}
\end{equation*}
$$

The set $J$ to be removed will be a subset of $J_{0}$, but, in general, the technique of [BCHL03] will construct only an extremely sparse set $J$ (typically zero density in the terminology of this paper). If $\mathcal{M}^{-}(\mathcal{F})<1$, then (1.4) will be satisfied for some $J_{0}$ (see Proposition 2.21), and so some infinite set can be removed from the frame. We prove in Section 3.4 that if a frame is localized and $\mathcal{M}^{+}(\mathcal{F})<1$, then not merely can some infinite set be removed, but this set can be chosen to have positive density. We believe, although we cannot yet prove, that the reciprocal of the relative measure is in fact quantifying the redundancy of an abstract frame, in the sense that it should be the case that if $\mathcal{F}$ is appropriately localized and
$\mathcal{M}^{+}(\mathcal{F})<1$, then there should be a subset of $\mathcal{F}$ with density $\frac{1}{\mathcal{M}^{+}(\mathcal{F})}-1-\varepsilon$ which can be removed leaving a subset of $\mathcal{F}$ with density $1+\varepsilon$ which is still a frame for $H$.

The last of our results deals with the conjecture of Feichtinger that every frame that is norm-bounded below $\left(\inf _{i}\left\|f_{i}\right\|>0\right)$ can be written as a union of a finite number of Riesz sequences (systems that are Riesz bases for their closed linear spans). The Feichtinger conjecture is closely related to the Kadison-Singer (paving) conjecture (see [CCLV03]). In Section 3.5, we prove that this conjecture is true for the case of $\ell^{1}$-self-localized frames which are norm-bounded below. This result is inspired by a similar result of Gröchenig's from [Grö03] for frames which are sufficiently localized in his sense, although our result is distinct. Another related recent result appears in [BS04].

We believe that localization is a powerful and useful new concept. As evidence of this fact, we note that Gröchenig has independently introduced a concept of localized frames, for a completely different purpose [Grö04]. We learned of Gröchenig's results shortly after completion of our own major results. The definitions of localizations presented here and in [Grö04] differ, but the fact that this single concept has independently arisen for two very distinct applications shows its utility. In his elegant paper, Gröchenig has shown that frames which are sufficiently localized in his sense provide frame expansions not only for the Hilbert space $H$ but for an entire family of associated Banach function spaces. Gröchenig further showed that if a frame is sufficiently localized in his sense (a polynomial or exponential localization) then the dual frame is similarly localized.
1.2. General Notation. The following notation will be employed throughout this paper. $H$ will refer to a separable Hilbert space, $I$ will be a countable index set, and $G$ will be the group given by (1.1) with the metric defined in (1.2). We implicitly assume that there exists a map $a: I \rightarrow G$ associated with $I$ and $G$. The map $a$ induces a semi-metric $d(i, j)=|a(i)-a(j)|$ on $I$. This is only a semi-metric since $d(i, j)=0$ need not imply $i=j$.

The finite linear span of a subset $S \subset H$ is denoted $\operatorname{span}(S)$, and the closure of this set is $\overline{\operatorname{span}}(S)$. The cardinality of a finite set $E$ is denoted by $|E|$.

For each integer $N>0$ we let

$$
\begin{equation*}
S_{N}(j)=\left\{k \in G:|k-j| \leq \frac{N}{2}\right\} \tag{1.5}
\end{equation*}
$$

denote a discrete "cube" or "box" in $G$ centered at $j \in G$. The cardinality of $S_{N}(j)$ is independent of $j$. For example, if $G=\mathbf{Z}^{d}$ then $\left|S_{2 N}(j)\right|=\left|S_{2 N+1}(j)\right|=(2 N+1)^{d}$. In general, there will exist a constant $C$ and integer $d>0$ such that

$$
\begin{equation*}
\lim _{N \rightarrow \infty} \frac{\left|S_{N}(j)\right|}{N^{d}}=C \tag{1.6}
\end{equation*}
$$

We let $I_{N}(j)$ denote the inverse image of $S_{N}(j)$ under $a$, i.e.,

$$
I_{N}(j)=a^{-1}\left(S_{N}(j)\right)=\left\{i \in I: a(i) \in S_{N}(j)\right\}
$$

1.3. Notation for Frames and Riesz Bases. We use standard notations for frames and Riesz bases as found in the texts [Chr03], [Dau92], [Grö01], [You01] or the research-tutorials [Cas00], [HW89]. Some particular notation and results that we will need are as follows.

A sequence $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ is a frame for $H$ if there exist constants $A, B>0$, called frame bounds, such that

$$
\begin{equation*}
\forall f \in H, \quad A\|f\|^{2} \leq \sum_{i \in I}\left|\left\langle f, f_{i}\right\rangle\right|^{2} \leq B\|f\|^{2} \tag{1.7}
\end{equation*}
$$

The analysis operator $T: H \rightarrow \ell^{2}(I)$ is $T f=\left\{\left\langle f, f_{i}\right\rangle\right\}_{i \in I}$, and its adjoint $T^{*} c=$ $\sum_{i \in I} c_{i} f_{i}$ is the synthesis operator. The Gram matrix is $T T^{*}=\left[\left\langle f_{i}, f_{j}\right\rangle\right]_{i, j \in I}$. The frame operator $S f=T^{*} T f=\sum_{i \in I}\left\langle f, f_{i}\right\rangle f_{i}$ is a bounded, positive, and invertible mapping of $H$ onto itself. The canonical dual frame is $\tilde{\mathcal{F}}=S^{-1}(\mathcal{F})=\left\{\tilde{f}_{i}\right\}_{i \in I}$ where $\tilde{f}_{i}=S^{-1} f_{i}$. For each $f \in H$ we have the frame expansions $f=\sum_{i \in I}\left\langle f, f_{i}\right\rangle \tilde{f}_{i}=$ $\sum_{i \in I}\left\langle f, \tilde{f}_{i}\right\rangle f_{i}$. We call $\mathcal{F}$ a tight frame if we can take $A=B$, and a Parseval frame if we can take $A=B=1$. If $\mathcal{F}$ is any frame, then $S^{-1 / 2}(\mathcal{F})$ is the canonical Parseval frame associated to $\mathcal{F}$. We call $\mathcal{F}$ a uniform norm frame if all the frame elements have identical norms, i.e., if $\left\|f_{i}\right\|=$ const. for all $i \in I$.

A sequence which satisfies the upper frame bound estimate in (1.7), but not necessarily the lower estimate, is called a Bessel sequence and $B$ is a Bessel bound. In this case, $\left\|\sum c_{i} f_{i}\right\|^{2} \leq B \sum\left|c_{i}\right|^{2}$ for any $\left(c_{i}\right)_{i \in I} \in \ell^{2}(I)$. In particular, $\left\|f_{i}\right\|^{2} \leq B$ for every $i \in I$, i.e., all Bessel sequences are norm-bounded above. If we also have $\inf _{i}\left\|f_{i}\right\|>0$, then we say the sequence is norm-bounded below.

We will also consider sequences that are frames for their closed linear spans instead of for all of $H$. We refer to such a sequence as a frame sequence. If $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ is a frame sequence, then $\tilde{\mathcal{F}}=\left\{\tilde{f}_{i}\right\}_{i \in I}$ will denote its canonical dual frame within $\overline{\operatorname{span}}(F)$. The orthogonal projection $P_{\mathcal{F}}$ of $H$ onto $\overline{\operatorname{span}}(\mathcal{F})$ is given by

$$
\begin{equation*}
P_{\mathcal{F}} f=\sum_{i \in I}\left\langle f, f_{i}\right\rangle \tilde{f}_{i}, \quad f \in H \tag{1.8}
\end{equation*}
$$

A frame is a basis if and only if it is a Riesz basis, i.e., the image of an orthonormal basis for $H$ under a continuous, invertible linear mapping. We say $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ is a Riesz sequence if it is a Riesz basis for its closed linear span in $H$. In this case the canonical dual frame $\tilde{\mathcal{F}}=\left\{\tilde{f}_{i}\right\}_{i \in I}$ is the unique sequence in $\overline{\operatorname{span}}(\mathcal{F})$ that is biorthogonal to $\tilde{\mathcal{F}}$, i.e., $\left\langle f_{i}, \tilde{f}_{j}\right\rangle=\delta_{i j}$.

## 2. Density, Localization, HAP, and Relative Measure

2.1. Density. Given an index set $I$ and a map $a: I \rightarrow G$, we define the density of $I$ by computing the analogue of Beurling density of its image $a(I)$ as a subset of $G$. Note that we regard $I$ as a sequence, and hence repetitions of images count in determining the density. The precise definition is as follows.
Definition 2.1 (Density). The lower and upper densities of $I$ with respect to $a$ are

$$
\begin{equation*}
D^{-}(I, a)=\liminf _{N \rightarrow \infty} \inf _{j \in G} \frac{\left|I_{N}(j)\right|}{\left|S_{N}(j)\right|}, \quad D^{+}(I, a)=\limsup _{N \rightarrow \infty} \sup _{j \in G} \frac{\left|I_{N}(j)\right|}{\left|S_{N}(j)\right|} \tag{2.1}
\end{equation*}
$$

respectively. Note that these quantities could be zero or infinite, i.e., we have $0 \leq D^{-}(I, a) \leq D^{+}(I, a) \leq \infty$. When $D^{-}(I, a)=D^{+}(I, a)=D$ we say $I$ has uniform density $D$.

These lower and upper densities are only the extremes of the possible densities that we could naturally assign to $I$ with respect to $a$. In particular, instead of taking the infimum or supremum over all possible centers in (2.1) we could choose one specific sequence of centers, and instead of computing the liminf or limsup we could
consider the limit with respect to some ultrafilter. The different possible choices of ultrafilters and sequences of centers gives us a natural collection of definitions of density, made precise in the following definition.

Definition 2.2. Let $p$ be a free ultrafilter, and let $c=\left(c_{N}\right)_{N \in \mathbf{N}}$ be any sequence of centers $c_{N} \in G$. Then the density of $I$ with respect to $a, p$, and $c$ is

$$
D(p, c)=D(p, c ; I, a)=p-\lim _{N \in \mathbf{N}} \frac{\left|I_{N}\left(c_{N}\right)\right|}{\left|S_{N}\left(c_{N}\right)\right|}
$$

Example 2.3. If $I=G$ and $a$ is the identity map, then $I_{N}(j)=S_{N}(j)$ for every $N$ and $j$, and hence $D(p, c)=D^{-}(I, a)=D^{+}(I, a)=1$ for every choice of free ultrafilter $p$ and sequence of centers $c$.

The following example shows how the density we have defined relates to the standard Beurling density of the index set of a Gabor system.

Example 2.4 (Gabor Systems). Consider a Gabor system $\mathcal{F}=\mathcal{G}(g, \Lambda)$ and a reference Gabor system $\mathcal{E}=\mathcal{G}\left(\phi, \alpha \mathbf{Z}^{d} \times \beta \mathbf{Z}^{d}\right)$. The index set $I=\Lambda$ is a countable sequence of points in $\mathbf{R}^{2 d}$, and the reference group is $G=\alpha \mathbf{Z}^{d} \times \beta \mathbf{Z}^{d}$. A natural map $a: \Lambda \rightarrow G$ is a simple roundoff to a near element of $G$, i.e.,

$$
a(x, \omega)=\left(\alpha \operatorname{Int}\left(\frac{x}{\alpha}\right), \beta \operatorname{Int}\left(\frac{\omega}{\beta}\right)\right), \quad(x, \omega) \in \Lambda
$$

where $\operatorname{Int}(x)=\left(\left\lfloor x_{1}\right\rfloor, \ldots,\left\lfloor x_{d}\right\rfloor\right)$. With this setup, $S_{N}(j)$ is the intersection of $\alpha \mathbf{Z}^{d} \times \beta \mathbf{Z}^{d}$ with the cube $Q_{N}(j)$ in $\mathbf{R}^{2 d}$ centered at $j$ with side lengths $N$. Such a cube contains approximately $N^{2 d} /(\alpha \beta)^{d}$ points of $\alpha \mathbf{Z}^{d} \times \beta \mathbf{Z}^{d}$; precisely,

$$
\lim _{N \rightarrow \infty} \frac{\left|S_{N}(j)\right|}{N^{2 d}}=\frac{1}{(\alpha \beta)^{d}}
$$

Also, because $a$ is a bounded perturbation of the identity map, the number of points in $I_{N}(j)$ is asymptotically the cardinality of $\Lambda \cap Q_{N}(j)$. Consequently, the standard definition of the upper Beurling density $D_{B}^{+}(\Lambda)$ of $\Lambda$ is related to our definition of the upper density of $\Lambda$ with respect to $a$ as follows:

$$
\begin{aligned}
D_{B}^{+}(\Lambda) & =\limsup _{N \rightarrow \infty} \sup _{j \in \mathbf{R}^{2 d}} \frac{\left|\Lambda \cap Q_{N}(j)\right|}{N^{2 d}} \\
& =\frac{1}{(\alpha \beta)^{d}} \limsup _{N \rightarrow \infty} \sup _{j \in \alpha \mathbf{Z}^{d} \times \beta \mathbf{Z}^{d}} \frac{\left|I_{N}(j)\right|}{\left|S_{N}(j)\right|}=\frac{1}{(\alpha \beta)^{d}} D^{+}(\Lambda, a)
\end{aligned}
$$

Similarly the lower Beurling density of $\Lambda$ is $D_{B}^{-}(\Lambda)=(\alpha \beta)^{-d} D^{-}(\Lambda, a)$. In particular, when $\alpha \beta=1$ (the "critical density" case), our definition coincides with Beurling density, but in general the extra factor of $(\alpha \beta)^{d}$ must be taken into account.

The following two lemmas will be useful later for our density calculations. The first lemma is similar to [HS98, Lem. 20.11].

Lemma 2.5. Let $a: I \rightarrow G$ be given.
(a) For every free ultrafilter $p$ and sequence of centers $c=\left(c_{N}\right)_{N \in \mathbf{N}}$ in $G$, we have $D^{-}(I, a) \leq D(p, c) \leq D^{+}(I, a)$.
(b) There exist free ultrafilters $p^{-}, p^{+}$and sequence of centers $c^{-}=\left(c_{N}^{-}\right)_{N \in \mathbf{N}}$, $c^{+}=\left(c_{N}^{+}\right)_{N \in \mathbf{N}}$ in $G$ such that $D^{-}(I, a)=D\left(p^{-}, c^{-}\right)$and $D^{+}(I, a)=$ $D\left(p^{+}, c^{+}\right)$.

Proof. (a) Follows immediately from the properties of ultrafilters.
(b) For each $N>0$, we can choose a point $c_{N}$ so that

$$
\inf _{j \in G} \frac{\left|I_{N}(j)\right|}{\left|S_{N}(j)\right|} \leq \frac{\left|I_{N}\left(c_{N}\right)\right|}{\left|S_{N}(j)\right|} \leq\left(\inf _{j \in G} \frac{\left|I_{N}(j)\right|}{\left|S_{N}(j)\right|}\right)+\frac{1}{N} .
$$

Then we can choose a free ultrafilter $p$ such that

$$
p-\lim _{N \in \mathbf{N}} \frac{\left|I_{N}\left(c_{N}\right)\right|}{\left|S_{N}(j)\right|}=\liminf _{N \rightarrow \infty} \frac{\left|I_{N}\left(c_{N}\right)\right|}{\left|S_{N}(j)\right|}
$$

For these choices, we have

$$
\begin{aligned}
D^{-}(I, a) \leq D(p, c) & =p \operatorname{pim}_{N \in \mathbf{N}} \frac{\left|I_{N}\left(c_{N}\right)\right|}{\left|S_{N}(j)\right|} \\
& \leq \liminf _{N \rightarrow \infty}\left[\left(\inf _{j \in G} \frac{\left|I_{N}(j)\right|}{\left|S_{N}(j)\right|}\right)+\frac{1}{N}\right] \\
& \leq\left(\liminf _{N \rightarrow \infty} \inf _{j \in G} \frac{\left|I_{N}(j)\right|}{\left|S_{N}(j)\right|}\right)+\left(\limsup _{N \rightarrow \infty} \frac{1}{N}\right)=D^{-}(I, a)
\end{aligned}
$$

Thus we can take $p^{-}=p$ and $c^{-}=\left(c_{N}\right)_{N \in \mathbf{N}}$. The construction of $p^{+}$and $c^{+}$is similar.

Lemma 2.6. Assume $D^{+}(I, a)<\infty$. Then $K=\sup _{j \in G}\left|a^{-1}(j)\right|$ is finite, and for any set $E \subset G$ we have

$$
\begin{equation*}
\left|a^{-1}(E)\right| \leq K|E| \tag{2.2}
\end{equation*}
$$

2.2. The Localization Properties. We now introduce a collection of definitions of localization, given in terms of the decay of the inner products of the elements of one sequence $\mathcal{F}$ with respect to the elements of a reference sequence $\mathcal{E}$. In Section 2.3, we define several approximation properties, which are determined by how well the elements of one sequence are approximated by finite linear combinations of the elements of the other sequence. The relationships among these properties is stated in Theorem 2.11.

The words "column" and "row" in the following definition refer to the $I \times G$ cross-Grammian matrix $\left[\left\langle f_{i}, e_{j}\right\rangle\right]_{i \in I, j \in G}$. We think of the elements in locations $(i, a(i))$ as corresponding to the main diagonal of this matrix.

Definition 2.7 (Localization). Let $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ and $\mathcal{E}=\left\{e_{j}\right\}_{j \in G}$ be sequences in $H$ and $a: I \rightarrow G$ an associated map.
(a) We say $\mathcal{F}$ is $\ell^{p}$-localized with respect to the reference sequence $\mathcal{E}$ and the map $a$, or simply that $(\mathcal{F}, a, \mathcal{E})$ is $\ell^{p}$-localized, if

$$
\sum_{j \in G} \sup _{i \in I}\left|\left\langle f_{i}, e_{j+a(i)}\right\rangle\right|^{p}<\infty
$$

Equivalently, there must exist an $r \in \ell^{p}(G)$ such that

$$
\forall i \in I, \quad \forall j \in G, \quad\left|\left\langle f_{i}, e_{j}\right\rangle\right| \leq r_{a(i)-j} .
$$

(b) We say that $(\mathcal{F}, a, \mathcal{E})$ has $\ell^{p}$-column decay if for every $\varepsilon>0$ there is an integer $N_{\varepsilon}>0$ so that

$$
\begin{equation*}
\forall j \in G, \quad \sum_{i \in I \backslash I_{N_{\varepsilon}}(j)}\left|\left\langle f_{i}, e_{j}\right\rangle\right|^{p}<\varepsilon . \tag{2.3}
\end{equation*}
$$

(c) We say $(\mathcal{F}, a, \mathcal{E})$ has $\ell^{p}$-row decay if for every $\varepsilon>0$ there is an integer $N_{\varepsilon}>0$ so that

$$
\begin{equation*}
\forall i \in I, \quad \sum_{j \in G \backslash S_{N_{\varepsilon}}(a(i))}\left|\left\langle f_{i}, e_{j}\right\rangle\right|^{p}<\varepsilon . \tag{2.4}
\end{equation*}
$$

Note that given a sequence $\mathcal{F}$, the definition of localization is dependent upon both the choice of reference sequence $\mathcal{E}$ and the map $a$.

Remark 2.8. For comparison, we give Gröchenig's notion of localization from [Grö04]. Let $I$ and $J$ be countable index sets in $\mathbf{R}^{d}$ that are separated, i.e., $\inf _{i \neq j \in I}|i-j|>0$ and similarly for $J$. Then $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ is s-polynomially localized with respect to a Riesz basis $\mathcal{E}=\left\{e_{j}\right\}_{j \in J}$ if for every $i \in I$ and $j \in J$ we have

$$
\left|\left\langle f_{i}, e_{j}\right\rangle\right| \leq C(1+|i-j|)^{-s} \quad \text { and } \quad\left|\left\langle f_{i}, \tilde{e}_{j}\right\rangle\right| \leq C(1+|i-j|)^{-s}
$$

where $\left\{\tilde{e}_{j}\right\}_{j \in J}$ is the dual basis to $\left\{e_{j}\right\}_{j \in J}$. Likewise $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ is exponentially localized with respect to a Riesz basis $\mathcal{E}=\left\{e_{j}\right\}_{j \in J}$ if for some $\alpha>0$ we have for every $i \in I$ and $j \in J$ that

$$
\left|\left\langle f_{i}, e_{j}\right\rangle\right| \leq C e^{-\alpha|i-j|} \quad \text { and } \quad\left|\left\langle f_{i}, \tilde{e}_{j}\right\rangle\right| \leq C e^{-\alpha|i-j|}
$$

2.3. The Approximation Properties. In this section we introduce a collection of definitions which we call approximation properties. These definitions extract the essence of the Homogeneous Approximation Property that is satisfied by Gabor frames, but without reference to the exact structure of Gabor frames. A weak HAP for Gabor frames was introduced in [RS95] and developed further in [GR96], [CDH99]. In those papers, the HAP was stated in a form that is specific to the particular structure of Gabor frames or windowed exponentials, whereas the following definition applies to arbitrary frames.

Definition 2.9 (Homogeneous Approximation Properties). Let $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ be a frame for $H$ with canonical dual $\tilde{\mathcal{F}}=\left\{\tilde{f}_{i}\right\}_{i \in I}$, and let $\mathcal{E}=\left\{e_{j}\right\}_{j \in G}$ be a sequence in $H$. Let $a: I \rightarrow G$ be an associated map.
(a) We say $(\mathcal{F}, a, \mathcal{E})$ has the weak HAP if for every $\varepsilon>0$, there is an integer $N_{\varepsilon}>0$ so that for every $j \in G$ we have

$$
\operatorname{dist}\left(e_{j}, \overline{\operatorname{span}}\left\{\tilde{f}_{i}: i \in I_{N_{\varepsilon}}(j)\right\}\right)<\varepsilon .
$$

Equivalently, there must exist scalars $c_{i, j}$, with only finitely many nonzero, such that

$$
\begin{equation*}
\left\|e_{j}-\sum_{i \in I_{N_{\varepsilon}}(j)} c_{i, j} \tilde{f}_{i}\right\|<\varepsilon . \tag{2.5}
\end{equation*}
$$

(b) We say $(\mathcal{F}, a, \mathcal{E})$ has the strong HAP if for every $\varepsilon>0$, there is an integer $N_{\varepsilon}>0$ so that for every $j \in G$ we have

$$
\begin{equation*}
\left\|e_{j}-\sum_{i \in I_{N_{\varepsilon}}(j)}\left\langle e_{j}, f_{i}\right\rangle \tilde{f}_{i}\right\|<\varepsilon \tag{2.6}
\end{equation*}
$$

We could also define the weak and strong HAPs for frame sequences. If $\mathcal{F}$ is a frame sequence, then a necessary condition for (2.5) or (2.6) to hold is that $\overline{\operatorname{span}}(\mathcal{E}) \subset \overline{\operatorname{span}}(\mathcal{F})$. Thus, the HAPs for frame sequences are the same as the HAPs for a frame if we set $H=\overline{\operatorname{span}}(\mathcal{F})$.

We also introduce the following symmetric version of the HAPs.
Definition 2.10 (Dual Homogeneous Approximation Properties). Let $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ be a sequence in $H$, and let $\mathcal{E}=\left\{e_{j}\right\}_{j \in G}$ be a frame for $H$ with canonical dual $\tilde{\mathcal{E}}=\left\{\tilde{e}_{j}\right\}_{j \in G}$. Let $a: I \rightarrow G$ be an associated map.
(a) We say $(\mathcal{F}, a, \mathcal{E})$ has the weak dual $H A P$ if for every $\varepsilon>0$, there is an integer $N_{\varepsilon}>0$ so that for every $i \in I$ we have $\operatorname{dist}\left(f_{i}, \overline{\operatorname{span}}\left\{\tilde{e}_{j}: j \in\right.\right.$ $\left.\left.S_{N_{\varepsilon}}(a(i))\right\}\right)<\varepsilon$.
(b) We say $(\mathcal{F}, a, \mathcal{E})$ has the strong dual HAP if for every $\varepsilon>0$, there is an integer $N_{\varepsilon}>0$ so that for every $i \in I$ we have $\left\|f_{i}-\sum_{j \in S_{N_{\varepsilon}}(a(i))}\left\langle f_{i}, e_{j}\right\rangle \tilde{e}_{j}\right\|<$ $\varepsilon$.
2.4. Relations Among the Localization and Approximation Properties. The following theorem summarizes the relationships that hold among the localization and approximation properties. This result is proved in Part II.
Theorem 2.11. Let $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ and $\mathcal{E}=\left\{e_{j}\right\}_{j \in G}$ be sequences in $H$, and let $a: I \rightarrow G$ be an associated map. Then the following statements hold.
(a) If $\mathcal{F}$ is a frame for $H$, then $\ell^{2}$-column decay implies the strong HAP.
(b) If $\mathcal{F}$ is a frame for $H$ and $\sup _{j}\left\|e_{j}\right\|<\infty$, then the strong HAP implies $\ell^{2}$-column decay.
(c) If $\mathcal{E}$ is a frame for $H$, then $\ell^{2}$-row decay implies the strong dual HAP.
(d) If $\mathcal{E}$ is a frame for $H$ and $\sup _{i}\left\|f_{i}\right\|<\infty$, then the strong dual HAP implies $\ell^{2}$-row decay.
(e) If $\mathcal{F}$ is a frame for $H$, then the strong HAP implies the weak HAP. If $\mathcal{F}$ is a Riesz basis for $H$, then the weak HAP implies the strong HAP.
(f) If $\mathcal{E}$ is a frame for $H$, then the strong dual HAP implies the weak dual HAP. If $\mathcal{E}$ is a Riesz basis for $H$, then the weak dual HAP implies the strong dual HAP.
(g) If $D^{+}(I, a)<\infty$ and $1 \leq p<\infty$, then $\ell^{p}$-localization implies both $\ell^{p_{-}}$ column and $\ell^{p}$-row decay.
For the case that $\mathcal{F}$ and $\mathcal{E}$ are both frames for $H$ and the upper density $D^{+}(I, a)$ is finite, these relations can be summarized in the diagram in Figure 1.

Part II exhibits counterexamples to most of the converse implications of Theorem 2.11. These are summarized below.
(a) There exist orthonormal bases $\mathcal{E}, \mathcal{F}$ such that $(\mathcal{F}, a, \mathcal{E})$ does not have $\ell^{2}$ column decay, and hence does not satisfy the strong HAP.


Figure 1. Relations among the localization and approximation properties for $p=2$, under the assumptions that $\mathcal{F}, \mathcal{E}$ are frames and $D^{+}(I, a)<\infty$.
(b) There exists a frame $\mathcal{F}$ and orthonormal basis $\mathcal{E}$ such that $(\mathcal{F}, a, \mathcal{E})$ satisfies the weak HAP but not the strong HAP.
(c) There exists a frame $\mathcal{F}$ and orthonormal basis $\mathcal{E}$ such that $D^{+}(I, a)<\infty$, $(\mathcal{F}, a, \mathcal{E})$ has both $\ell^{2}$-column decay and $\ell^{2}$-row decay, but fails to have $\ell^{2}$ localization.
(d) There exists a Riesz basis $\mathcal{F}$ and orthonormal basis $\mathcal{E}$ such that $(\mathcal{F}, a, \mathcal{E})$ has $\ell^{2}$-column decay but not $\ell^{2}$-row decay.
2.5. Self-Localization. In this section we introduce a type of localization in which the system $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ is compared to itself or to its canonical dual frame instead of to a reference system $\mathcal{E}$. An analogous polynomial or exponential "intrinsic localization" was independently introduced by Gröchenig in [Grö03]; see also [For03], [GF04]. Although there is no reference system, we still require a mapping $a: I \rightarrow G$ associating $I$ with a group $G$.

Definition 2.12 (Self-localization). Let $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ be a sequence in $H$, and let $a: I \rightarrow G$ be an associated map.
(a) We say that $(\mathcal{F}, a)$ is $\ell^{p}$-self-localized if there exists $r \in \ell^{p}(G)$ such that

$$
\forall i, j \in I, \quad\left|\left\langle f_{i}, f_{j}\right\rangle\right| \leq r_{a(i)-a(j)} .
$$

(b) If $\mathcal{F}$ is a frame sequence, then we say that $(\mathcal{F}, a)$ is $\ell^{p}$-localized with respect to its canonical dual frame sequence $\tilde{\mathcal{F}}=\left\{\tilde{f}_{i}\right\}_{i \in I}$ if there exists $r \in \ell^{p}(G)$ such that

$$
\forall i, j \in I, \quad\left|\left\langle f_{i}, \tilde{f}_{j}\right\rangle\right| \leq r_{a(i)-a(j)}
$$

Remark 2.13. (a) If $I=G$ and $a$ is the identity map, then $(\mathcal{F}, a)$ is $\ell^{1}$-self-localized if and only if $(\mathcal{F}, a, \mathcal{F})$ is $\ell^{1}$-localized. However, if $a$ is not the identity map, then this need not be the case. For example, every orthonormal basis is $\ell^{1}$-self-localized regardless of which map $a$ is chosen, but in Part II we construct an orthonormal basis $\mathcal{F}=\left\{f_{i}\right\}_{i \in \mathbf{Z}}$ and a map $a: \mathbf{Z} \rightarrow \mathbf{Z}$ such that $(\mathcal{F}, a, \mathcal{E})$ is not $\ell^{1}$-localized for
any Riesz basis $\mathcal{E}$; in fact, $(\mathcal{F}, a, \mathcal{E})$ cannot even possess both $\ell^{2}$-column decay and $\ell^{2}$-row decay for any Riesz basis $\mathcal{E}$.
(b) Let $\mathcal{F}$ be a frame, $\tilde{\mathcal{F}}$ its canonical dual frame, and $S^{-1 / 2}(\mathcal{F})$ its canonical Parseval frame. Since $\left\langle f_{i}, \tilde{f}_{j}\right\rangle=\left\langle S^{-1 / 2} f_{i}, S^{-1 / 2} f_{j}\right\rangle$, we have that $(\mathcal{F}, a)$ is $\ell^{p_{-}}$ localized with respect to its canonical dual frame if and only if $\left(S^{-1 / 2}(\mathcal{F}), a\right)$ is $\ell^{p}$-self-localized.

We show in Part II that $\ell^{1}$-localization with respect to the dual frame does not imply $\ell^{1}$-self-localization. However, the following result states that the converse is true. The proof of this result requires us to develop some results on the Banach algebra of matrices with $\ell^{1}$-type decay, and is presented in Appendix A. In particular, the proof requires an application of a type of noncommutative Wiener's Lemma (Theorem A.4).

Theorem 2.14. Let $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ be a frame for $H$, and let $a: I \rightarrow G$ be an associated map such that $D^{+}(I, a)<\infty$. Let $\tilde{\mathcal{F}}$ be the canonical dual frame and $S^{-1 / 2}(\mathcal{F})$ the canonical Parseval frame. If $(\mathcal{F}, a)$ is $\ell^{1}$-self-localized, then:
(a) $(\mathcal{F}, a)$ is $\ell^{1}$-localized with respect to its canonical dual frame $\tilde{\mathcal{F}}=\left\{\tilde{f}_{i}\right\}_{i \in I}$,
(b) $(\tilde{\mathcal{F}}, a)$ is $\ell^{1}$-self-localized, and
(c) $\left(S^{-1 / 2}(\mathcal{F}), a\right)$ is $\ell^{1}$-self-localized.

The following is a useful lemma on the relation between self-localization and localization with respect to a reference sequence.
Lemma 2.15. Let $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ be a sequence in $H$. Let $\mathcal{E}=\left\{e_{j}\right\}_{j \in G}$ be a frame for $H$ with canonical dual frame $\tilde{\mathcal{E}}$. Let $a: I \rightarrow G$ be an associated map. If $(\mathcal{F}, a, \mathcal{E})$ and $(\mathcal{F}, a, \tilde{\mathcal{E}})$ are both $\ell^{1}$-localized, then $(\mathcal{F}, a)$ is $\ell^{1}$-self-localized. In particular, if $\mathcal{E}$ is a tight frame and $(\mathcal{F}, a, \mathcal{E})$ is $\ell^{1}$-localized, then $(\mathcal{F}, a)$ is $\ell^{1}$-self-localized.

Proof. By definition, there exists $r \in \ell^{1}(G)$ such that both $\left|\left\langle f_{i}, e_{j}\right\rangle\right| \leq r_{a(i)-j}$ and $\left|\left\langle f_{i}, \tilde{e}_{j}\right\rangle\right| \leq r_{a(i)-j}$ hold for all $i \in I$ and $j \in G$. Let $\tilde{r}(k)=r(-k)$. Then

$$
\left|\left\langle f_{i}, f_{j}\right\rangle\right|=\left|\sum_{k \in G}\left\langle f_{i}, e_{k}\right\rangle\left\langle\tilde{e}_{k}, f_{j}\right\rangle\right| \leq \sum_{k \in G} r_{a(i)-k} r_{a(j)-k}=(r * \tilde{r})_{a(i)-a(j)}
$$

Since $r * \tilde{r} \in \ell^{1}(G)$, we conclude that $(\mathcal{F}, a)$ is $\ell^{1}$-self-localized.
2.6. Relative Measure. We now define the relative measure of frame sequences.

Definition 2.16. Let $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ and $\mathcal{E}=\left\{e_{j}\right\}_{j \in G}$ be frame sequences in $H$, and let $a: I \rightarrow G$ be an associated map. Let $P_{\mathcal{F}}, P_{\mathcal{E}}$ denote the orthogonal projections of $H$ onto $\operatorname{span}(\mathcal{F})$ and $\overline{\operatorname{span}}(\mathcal{E})$, respectively. Then given a free ultrafilter $p$ and a sequence of centers $c=\left(c_{N}\right)_{N \in \mathbf{N}}$ in $G$, we define the relative measure of $\mathcal{F}$ with respect to $\mathcal{E}$, $p$, and $c$ to be

$$
\mathcal{M}_{\mathcal{E}}(\mathcal{F} ; p, c)=p-\lim _{N \in \mathbf{N}} \frac{1}{\left|I_{N}\left(c_{N}\right)\right|} \sum_{i \in I_{N}\left(c_{N}\right)}\left\langle P_{\mathcal{E}} f_{i}, \tilde{f}_{i}\right\rangle
$$

The relative measure of $\mathcal{E}$ with respect to $\mathcal{F}$ is

$$
\mathcal{M}_{\mathcal{F}}(\mathcal{E} ; p, c)=p_{N \in \mathbf{N}} \frac{1}{\left|S_{N}\left(c_{N}\right)\right|} \sum_{j \in S_{N}\left(c_{N}\right)}\left\langle P_{\mathcal{F}} \tilde{e}_{j}, e_{j}\right\rangle .
$$

Let $A, B$ be frame bounds for $\mathcal{F}$, and let $E, F$ be frame bounds for $\mathcal{E}$. Then we have the estimates $\left|\left\langle P_{\mathcal{E}} f_{i}, \tilde{f}_{i}\right\rangle\right| \leq\left\|f_{i}\right\|\left\|\tilde{f}_{i}\right\| \leq \sqrt{B / A}$ and $\left|\left\langle P_{\mathcal{F}} e_{j}, \tilde{e}_{j}\right\rangle\right| \leq\left\|e_{j}\right\|\left\|\tilde{e}_{j}\right\| \leq$ $\sqrt{F / E}$. Thus, $\left|\mathcal{M}_{\mathcal{E}}(\mathcal{F} ; p, c)\right| \leq \sqrt{B / A}$ and $\left|\mathcal{M}_{\mathcal{F}}(\mathcal{E} ; p, c)\right| \leq \sqrt{F / A}$. Unfortunately, in general $\mathcal{M}_{\mathcal{E}}(\mathcal{F} ; p, c)$ or $\mathcal{M}_{\mathcal{F}}(\mathcal{E} ; p, c)$ need be real. However, if the closed span of $\mathcal{F}$ is included in the closed span of $\mathcal{E}$ then, as noted in the following definition, the relative measure of $\mathcal{E}$ with respect to $\mathcal{F}$ will be real and furthermore we can give tighter bounds on its value, as pointed out in the following definition.

Definition 2.17. If $\overline{\operatorname{span}}(\mathcal{E}) \supset \overline{\operatorname{span}}(\mathcal{F})$ then $P_{\mathcal{E}}$ is the identity map and $\mathcal{E}$ plays no role in determining the value of $\mathcal{M}_{\mathcal{E}}(\mathcal{F} ; p, e)$. Therefore, in this case we define the measure of $\mathcal{F}$ with respect to $p$ and $c$ to be

$$
\mathcal{M}(\mathcal{F} ; p, c)=p-\lim _{N \in \mathbf{N}} \frac{1}{\left|I_{N}\left(c_{N}\right)\right|} \sum_{i \in I_{N}\left(c_{N}\right)}\left\langle f_{i}, \tilde{f}_{i}\right\rangle
$$

Since $\left\langle f_{i}, \tilde{f}_{i}\right\rangle=\left\|S^{-1 / 2} f_{i}\right\|^{2}$, we have that $\mathcal{M}(\mathcal{F} ; p, c)$ is real. Additionally, since $S^{-1 / 2}(\mathcal{F})$ is a Parseval frame, we have $0 \leq\left\langle f_{i}, \tilde{f}_{i}\right\rangle \leq 1$ for all $i$, and therefore

$$
0 \leq \mathcal{M}(\mathcal{F} ; p, c) \leq 1
$$

We further define the lower and upper measures of $\mathcal{F}$ to be, respectively,

$$
\begin{align*}
\mathcal{M}^{-}(\mathcal{F}) & =\liminf _{N \rightarrow \infty} \inf _{j \in G} \frac{1}{\left|I_{N}(j)\right|} \sum_{i \in I_{N}(j)}\left\langle f_{i}, \tilde{f}_{i}\right\rangle  \tag{2.7}\\
\mathcal{M}^{+}(\mathcal{F}) & =\limsup _{N \rightarrow \infty} \sup _{j \in G} \frac{1}{\left|I_{N}(j)\right|} \sum_{i \in I_{N}(j)}\left\langle f_{i}, \tilde{f}_{i}\right\rangle . \tag{2.8}
\end{align*}
$$

As in Lemma 2.5, there will exist free ultrafilters $p^{-}, p^{+}$and sequence of centers $c^{-}, c^{+}$such that $\mathcal{M}^{-}(\mathcal{F})=\mathcal{M}\left(\mathcal{F} ; p^{-}, c^{-}\right)$and $\mathcal{M}^{+}(\mathcal{F})=\mathcal{M}\left(\mathcal{E} ; p^{+}, c^{+}\right)$.

When $\overline{\operatorname{span}}(\mathcal{F}) \supset \overline{\operatorname{span}}(\mathcal{E})$, we define $\mathcal{M}(\mathcal{E} ; p, c)$ and $\mathcal{M}^{ \pm}(\mathcal{E})$ in an analogous manner.

Example 2.18. The following special cases show that the measure of a Riesz basis is 1 .
(a) If $\overline{\operatorname{span}}(\mathcal{E}) \supset \operatorname{span}(\mathcal{F})$ and $\mathcal{F}$ is a Riesz sequence then $\left\langle f_{i}, \tilde{f}_{i}\right\rangle=1$ for every $i \in I$, so $\mathcal{M}(\mathcal{F} ; p, c)=\mathcal{M}^{+}(\mathcal{F})=\mathcal{M}^{-}(\mathcal{F})=1$.
(b) If $\overline{\operatorname{span}}(\mathcal{F}) \supset \overline{\operatorname{span}}(\mathcal{E})$ and $\mathcal{E}$ is a Riesz sequence then $\left\langle\tilde{e}_{j}, e_{j}\right\rangle=1$ for every $j \in G$, so $\mathcal{M}(\mathcal{E} ; p, c)=\mathcal{M}^{+}(\mathcal{E})=\mathcal{M}^{-}(\mathcal{E})=1$.

Example 2.19. For each $k=1, \ldots, M$, let $\left\{f_{j k}\right\}_{j \in \mathbf{Z}}$ be an orthogonal basis for $H$ such that $\left\|f_{j k}\right\|^{2}=A_{k}$ for every $j \in \mathbf{Z}$. Let $I=\mathbf{Z} \times\{1, \ldots, M\}$. Then $\mathcal{F}=$ $\left\{f_{j k}\right\}_{(j, k) \in I}$ is a tight frame for $H$ and its canonical dual frame is $\tilde{\mathcal{F}}=\left\{\tilde{f}_{j k}\right\}_{(j, k) \in I}$ where $\tilde{f}_{j k}=\left(\frac{1}{A_{1}+\cdots+A_{M}}\right) f_{j k}$. Define $a: I \rightarrow \mathbf{Z}$ by $a(j, k)=j$. Then for each $N$,

$$
\frac{1}{\left|I_{N}\left(c_{N}\right)\right|} \sum_{(j, k) \in I_{N}\left(c_{N}\right)}\left\langle f_{j k}, \tilde{f}_{j k}\right\rangle=\frac{1}{M N} \sum_{k=1}^{M} \sum_{j \in\left[c_{N}-\frac{N}{2}, c_{N}+\frac{N}{2}\right)} \frac{A_{k}}{A_{1}+\cdots+A_{M}}=\frac{1}{M} .
$$

Consequently, for any choice of free ultrafilter $p$ or sequence of centers $c$ we have $\mathcal{M}(\mathcal{F} ; p, c)=\mathcal{M}^{-}(\mathcal{F})=\mathcal{M}^{+}(\mathcal{F})=\frac{1}{M}$.

Example 2.20 (Lattice Gabor Systems). Consider a lattice Gabor frame, i.e., a frame of the form $\mathcal{G}\left(g, \alpha \mathbf{Z}^{d} \times \beta \mathbf{Z}^{d}\right)$. The canonical dual frame is a lattice Gabor frame of the form $\mathcal{G}\left(\tilde{g}, \alpha \mathbf{Z}^{d} \times \beta \mathbf{Z}^{d}\right)$ for some $\tilde{g} \in L^{2}\left(\mathbf{R}^{d}\right)$. By the Wexler-Raz relations, we have $\langle g, \tilde{g}\rangle=(\alpha \beta)^{d}$ (we also derive this fact directly from our results in Part II). Since $\left\langle M_{\beta n} T_{\alpha k} g, M_{\beta n} T_{\alpha k} \tilde{g}\right\rangle=\langle g, \tilde{g}\rangle$, we therefore have for any free ultrafilter $p$ and sequence of centers $c=\left(c_{N}\right)_{N \in \mathbf{N}}$ in $\alpha \mathbf{Z}^{d} \times \beta \mathbf{Z}^{d}$ that

$$
\mathcal{M}\left(\mathcal{G}\left(g, \alpha \mathbf{Z}^{d} \times \beta \mathbf{Z}^{d}\right) ; p, c\right)=\mathcal{M}^{ \pm}\left(\mathcal{G}\left(g, \alpha \mathbf{Z}^{d} \times \beta \mathbf{Z}^{d}\right)\right)=\langle g, \tilde{g}\rangle=(\alpha \beta)^{d}
$$

Since we also have $D_{B}^{ \pm}\left(\alpha \mathbf{Z}^{d} \times \beta \mathbf{Z}^{d}\right)=(\alpha \beta)^{-d}$, we conclude that

$$
\mathcal{M}^{ \pm}\left(\mathcal{G}\left(g, \alpha \mathbf{Z}^{d} \times \beta \mathbf{Z}^{d}\right)\right)=\frac{1}{D_{B}^{\mp}\left(\alpha \mathbf{Z}^{d} \times \beta \mathbf{Z}^{d}\right)}
$$

We prove a similar but much more general relationship for abstract localized frames in Theorems 3.4 and 3.5.

The following proposition gives a connection between measure and excess (excess was defined just prior to equation (1.4)). By imposing localization hypotheses, stronger results will be derived in Section 3.4.
Proposition 2.21 (Infinite Excess). Let $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ be a frame sequence and $a: I \rightarrow G$ an associated map. If $\mathcal{M}^{-}(\mathcal{F})<1$, then $\mathcal{F}$ has infinite excess, and furthermore, there exists an infinite subset $J \subset I$ such that $\left\{f_{i}\right\}_{i \in I \backslash J}$ is still a frame for $\overline{\operatorname{span}}(\mathcal{F})$.
Proof. Fix $s$ with $\mathcal{M}^{-}(\mathcal{F})<s<1$. Then, considering the definition of $\mathcal{M}^{-}(\mathcal{F})$ in (2.7), there exists a subsequence $N_{k} \rightarrow \infty$ and points $j_{k}$ such that

$$
\frac{1}{\left|I_{N_{k}}\left(j_{k}\right)\right|} \sum_{i \in I_{N_{k}}\left(j_{k}\right)}\left\langle f_{i}, \tilde{f}_{i}\right\rangle \leq s<1
$$

for each $k$. It then follows that there exists an infinite subset $J \subset I$ such that $\sup _{i \in J}\left\langle f_{i}, \tilde{f}_{i}\right\rangle<1$, which by [BCHL03, Cor. 5.7] completes the proof.

In general, the set $J$ constructed in the preceding proposition may have zero density. The following result provides a necessary condition under which a set of positive density can be removed yet leave a frame (a sufficient condition will be obtained in Theorem 3.8 below). For simplicity of notation, if $J \subset I$ then we will write $D(p, c ; J, a)$ to mean $D\left(p, c ; J,\left.a\right|_{J}\right)$.

Proposition 2.22. Let $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ be a frame sequence and $a: I \rightarrow G$ an associated map such that $0<D^{-}(I, a) \leq D^{+}(I, a)<\infty$. For each $0 \leq \alpha \leq 1$, define

$$
\begin{equation*}
J_{\alpha}=\left\{i \in I:\left\langle f_{i}, \tilde{f}_{i}\right\rangle \leq \alpha\right\} \tag{2.9}
\end{equation*}
$$

Then the following statements hold.
(a) For each free ultrafilter $p$ and sequence of centers $c=\left(c_{N}\right)_{N \in \mathbf{N}}$ in $G$, we have for each $0<\alpha<1$ that

$$
\begin{align*}
\frac{\alpha-\mathcal{M}(\mathcal{F} ; p, c)}{\alpha} D(p, c ; I, a) & \leq D\left(p, c ; J_{\alpha}, a\right)  \tag{2.10}\\
& \leq \frac{1-\mathcal{M}(\mathcal{F} ; p, c)}{1-\alpha} D(p, c ; I, a) \tag{2.11}
\end{align*}
$$

(b) If there exists a free ultrafilter $p$ and sequence of centers $c=\left(c_{N}\right)_{N \in \mathbf{N}}$ in $G$ such that $D\left(p, c ; J_{\alpha}, a\right)>0$, then $\mathcal{M}(\mathcal{F} ; p, c)<1$. Consequently $\mathcal{M}^{-}(\mathcal{F})<1$ and there exists an infinite set $J \subset I$ such that $\left\{f_{i}\right\}_{i \in I \backslash J}$ is a frame for $\overline{\operatorname{span}}(\mathcal{F})$.
(c) If there exists a subset $J \subset I$, a free ultrafilter $p$, and a sequence of centers $c=\left(c_{N}\right)_{N \in \mathbf{N}}$ in $G$ such that $D(p, c ; J, a)>0$ and $\left\{f_{i}\right\}_{i \in I \backslash J}$ is a frame for $\overline{\operatorname{span}}(\mathcal{F})$, then $\mathcal{M}(\mathcal{F} ; p, c)<1$. In particular, $\mathcal{M}^{-}(\mathcal{F})<1$.

Proof. (a) Consider any $0<\alpha<1$. If $\mathcal{M}(\mathcal{F} ; p, c) \geq \alpha$ then inequality (2.10) is trivially satisfied, so assume that $\mathcal{M}(\mathcal{F} ; p, c)<\alpha$. Fix $\varepsilon>0$ so that $\mathcal{M}(\mathcal{F} ; p, c)+\varepsilon<$ $\alpha$. Then by definition of ultrafilter, there exists an infinite set $A \in p$ such that

$$
\begin{equation*}
\forall N \in A, \quad\left|\mathcal{M}(\mathcal{F} ; p, c)-\frac{1}{\left|I_{N}\left(c_{N}\right)\right|} \sum_{i \in I_{N}\left(c_{N}\right)}\left\langle f_{i}, \tilde{f}_{i}\right\rangle\right|<\varepsilon \tag{2.12}
\end{equation*}
$$

Hence for $N \in A$ we have

$$
\begin{aligned}
\mathcal{M}(\mathcal{F} ; p, c)+\varepsilon & \geq \frac{1}{\left|I_{N}\left(c_{N}\right)\right|} \sum_{i \in I_{N}\left(c_{N}\right)}\left\langle f_{i}, \tilde{f}_{i}\right\rangle \\
& =\frac{1}{\left|I_{N}\left(c_{N}\right)\right|}\left(\sum_{i \in I_{N}\left(c_{N}\right) \cap J_{\alpha}}\left\langle f_{i}, \tilde{f}_{i}\right\rangle+\sum_{i \in I_{N}\left(c_{N}\right) \cap J_{\alpha}^{\mathrm{C}}}\left\langle f_{i}, \tilde{f}_{i}\right\rangle\right) \\
& \geq \frac{0 \cdot\left|I_{N}\left(c_{N}\right) \cap J_{\alpha}\right|+\alpha \cdot\left|I_{N}\left(c_{N}\right) \cap J_{\alpha}^{\mathrm{C}}\right|}{\left|I_{N}\left(c_{N}\right)\right|} \\
& =\alpha \frac{\left|I_{N}\left(c_{N}\right)\right|-\left|I_{N}\left(c_{N}\right) \cap J_{\alpha}\right|}{\left|I_{N}\left(c_{N}\right)\right|} .
\end{aligned}
$$

Multiplying both sides of this inequality by $\frac{\left|I_{N}\left(c_{N}\right)\right|}{\left|S_{N}\left(c_{N}\right)\right|}$ and rearranging, we find that

$$
\forall N \in A, \quad \frac{\left|I_{N}\left(c_{N}\right) \cap J_{\alpha}\right|}{\left|S_{N}\left(c_{N}\right)\right|} \geq\left(1-\frac{\mathcal{M}(\mathcal{F} ; p, c)+\varepsilon}{\alpha}\right) \frac{\left|I_{N}\left(c_{N}\right)\right|}{\left|S_{N}\left(c_{N}\right)\right|}
$$

Taking the limit with respect to the ultrafilter $p$ we obtain

$$
D\left(p, c ; J_{\alpha}, a\right) \geq\left(1-\frac{\mathcal{M}(\mathcal{F} ; p, c)+\varepsilon}{\alpha}\right) D(p, c ; I, a)
$$

Since $\varepsilon$ was arbitrary, we obtain the inequality (2.10).
The inequality (2.11) is similar, arguing from an infinite set $A \in p$ such that (2.12) holds true that

$$
\begin{aligned}
\mathcal{M}(\mathcal{F} ; p, e)-\varepsilon & \leq \frac{1}{\left|I_{N}\left(c_{N}\right)\right|} \sum_{i \in I_{N}\left(c_{N}\right)}\left\langle f_{i}, \tilde{f}_{i}\right\rangle \\
& =\frac{1}{\left|I_{N}\left(c_{N}\right)\right|}\left(\sum_{i \in I_{N}\left(c_{N}\right) \cap J_{\alpha}}\left\langle f_{i}, \tilde{f}_{i}\right\rangle+\sum_{i \in I_{N}\left(c_{N}\right) \cap J_{\alpha}^{\mathrm{C}}}\left\langle f_{i}, \tilde{f}_{i}\right\rangle\right) \\
& \leq \frac{\alpha \cdot\left|I_{N}\left(c_{N}\right) \cap J_{\alpha}\right|+1 \cdot\left|I_{N}\left(c_{N}\right) \cap J_{\alpha}^{\mathrm{C}}\right|}{\left|I_{N}\left(c_{N}\right)\right|} \\
& =\frac{\left|I_{N}\left(c_{N}\right)\right|-(1-\alpha) \cdot\left|I_{N}\left(c_{N}\right) \cap J_{\alpha}\right|}{\left|I_{N}\left(c_{N}\right)\right|}
\end{aligned}
$$

and then multiplying both sides of this inequality by $\frac{\left|I_{N}\left(c_{N}\right)\right|}{\left|S_{N}\left(c_{N}\right)\right|}$, rearranging, and taking the limit.
(b) Follows immediately from (a) and Proposition 2.21.
(c) Suppose that such a $J$ exists. If $f_{i}=0$ for every $i \in J$ then the result is trivial, so suppose this is not the case. Let $S$ be the frame operator for $\mathcal{F}$. Then $\left\{S^{-1 / 2} f_{i}\right\}_{i \in I \backslash J}$ is a frame, and in particular is a subset of the Parseval frame $S^{-1 / 2}(\mathcal{F})$. For a given $j \in J$, the optimal lower frame bound for the frame $\left\{S^{-1 / 2} f_{i}\right\}_{i \neq j}$ with a single element deleted is $1-\left\|S^{-1 / 2} f_{j}\right\|^{2}=1-\left\langle f_{j}, \tilde{f}_{j}\right\rangle$. Hence, if $A$ is a lower frame bound for $\left\{S^{-1 / 2} f_{i}\right\}_{i \in I \backslash J}$, then $A \leq 1-\left\langle f_{j}, \tilde{f}_{j}\right\rangle$ for all $j \in J$. Thus $J \subset J_{\alpha}$ where $\alpha=1-A$, and consequently, for any $p$ and $c$ we have $D\left(p, c ; J_{\alpha}, a\right) \geq D(p, c ; J, a)>0$. Therefore (2.11) implies that $\mathcal{M}(\mathcal{F} ; p, c)<1$.

Choosing in the preceding proposition the ultrafilters $p$ and centers $c$ that achieve upper or lower density or measure yields the following corollary.

Corollary 2.23. Let $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ be a frame sequence and $a: I \rightarrow G$ an associated map such that $0<D^{-}(I, a) \leq D^{+}(I, a)<\infty$. Let $J_{\alpha}$ be defined by (2.9). Then the following statements hold.
(a) $\mathcal{M}^{+}(\mathcal{F})<1$ if and only if there exists $0<\alpha<1$ such that $D^{-}\left(J_{\alpha}, a\right)>0$. In fact, $D^{-}\left(J_{\alpha}, a\right)>0$ for all $\mathcal{M}^{+}(\mathcal{F})<\alpha<1$.
(b) If there exists $J \subset I$ such that $D^{-}(J, a)>0$ and $\left\{f_{i}\right\}_{i \in I \backslash J}$ is a frame for $\overline{\operatorname{span}}(\mathcal{F})$, then $\mathcal{M}^{+}(\mathcal{F})<1$.
(c) $\mathcal{M}^{-}(\mathcal{F})<1$ if and only if there exists $0<\alpha<1$ such that $D^{+}\left(J_{\alpha}, a\right)>0$. In fact, $D^{+}\left(J_{\alpha}, a\right)>0$ for all $\mathcal{M}^{-}(\mathcal{F})<\alpha<1$.
(d) If there exists $J \subset I$ such that $D^{+}(J, a)>0$ and $\left\{f_{i}\right\}_{i \in I \backslash J}$ is a frame for $\overline{\operatorname{span}}(\mathcal{F})$, then $\mathcal{M}^{-}(\mathcal{F})<1$.

Proof. Suppose that $\mathcal{M}^{+}(\mathcal{F})<1$, and fix $\mathcal{M}^{+}(\mathcal{F})<\alpha<1$. Let $p$ and $c$ be the free ultrafilter and sequence of centers given by Lemma 2.5(b) such that $D^{-}\left(J_{\alpha}, a\right)=$ $D\left(p, c ; J_{\alpha}, a\right)$. Then by Proposition 2.22,

$$
\begin{aligned}
D^{-}\left(J_{\alpha}, a\right)=D\left(p, c ; J_{\alpha}, a\right) & \geq \frac{\alpha-\mathcal{M}(F ; p, c)}{\alpha} D(p, c ; I, a) \\
& \geq \frac{\alpha-\mathcal{M}^{+}(F)}{\alpha} D^{-}(I, a)>0
\end{aligned}
$$

The other statements are similar.

## 3. Density and Overcompleteness

3.1. Necessary Density Conditions. In this section we prove two necessary conditions on the density of localized frames.

First we require the following standard lemma.
Lemma 3.1. Let $H_{N}$ be an $N$-dimensional Hilbert space. Then the following statements hold.
(a) Let nonzero $f_{1}, \ldots, f_{M} \in H_{N}$ be given. Let $m=\min \left\{\left\|f_{1}\right\|, \ldots,\left\|f_{M}\right\|\right\}$. Then the Bessel bound $B$ for $\left\{f_{1}, \ldots, f_{M}\right\}$ satisfies $B \geq m M / N$.
(b) If $\left\{f_{i}\right\}_{i \in J}$ is a Bessel sequence in $H_{N}$ that is norm-bounded below, i.e., $\inf _{i}\left\|f_{i}\right\|>0$, then $J$ is finite.

Proof. (a) We may assume that $H_{N}=\operatorname{span}\left\{f_{1}, \ldots, f_{M}\right\}$. Then $\left\{f_{1}, \ldots, f_{M}\right\}$ is a frame for $H_{N}$, so this family has a positive definite frame operator $S$. Let $\lambda_{1} \geq$ $\cdots \geq \lambda_{N}$ be the eigenvalues of $S$. Letting $\left\{\tilde{f}_{1}, \ldots, \tilde{f}_{M}\right\}$ be the dual frame, we have then that

$$
\sum_{j=1}^{N} \lambda_{j}=\operatorname{trace}(S)=\sum_{i=1}^{M}\left\langle S f_{i}, \tilde{f}_{i}\right\rangle=\sum_{i=1}^{M}\left\|f_{i}\right\|^{2} \geq m M
$$

Hence $m M / N \leq \lambda_{1}=\|S\| \leq B$.
(b) From part (a), $|J| \leq B N / m<\infty$.

Our first main result shows that the weak HAP implies a lower bound for the density of a frame. The proof is inspired by the double projection techniques of [RS95], although those results relied on the structure of Gabor frames and, in particular, a version of the HAP that is satisfied by Gabor frames.

Theorem 3.2 (Necessary Density Bounds).
(a) Assume $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ is a frame for $H$ and $\mathcal{E}=\left\{e_{j}\right\}_{j \in G}$ is a Riesz sequence in $H$. Let $a: I \rightarrow G$ be an associated map. If $(\mathcal{F}, a, \mathcal{E})$ has the weak HAP, then

$$
1 \leq D^{-}(I, a) \leq D^{+}(I, a) \leq \infty
$$

(b) Assume $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ is a Riesz sequence in $H$ and $\mathcal{E}=\left\{e_{j}\right\}_{j \in G}$ is a frame for $H$. Let $a: I \rightarrow G$ be an associated map. If $(\mathcal{F}, a, \mathcal{E})$ has the weak dual HAP, then

$$
0 \leq D^{-}(I, a) \leq D^{+}(I, a) \leq 1
$$

Proof. (a) Let $\tilde{\mathcal{F}}=\left\{\tilde{f}_{i}\right\}_{i \in I}$ be the canonical dual frame to $\mathcal{F}$, and let $\tilde{\mathcal{E}}=\left\{\tilde{e}_{j}\right\}_{j \in G}$ be the Riesz sequence in $\operatorname{span}(\mathcal{E})$ that is biorthogonal to $\mathcal{E}$. Fix $\varepsilon>0$, and let $N_{\varepsilon}$ be the number given in the definition of the weak HAP. Fix an arbitrary point $j_{0} \in G$ and a box size $N>0$. Define

$$
V=\operatorname{span}\left\{e_{j}: j \in S_{N}\left(j_{0}\right)\right\} \quad \text { and } \quad W=\overline{\operatorname{span}}\left\{\tilde{f}_{i}: i \in I_{N+N_{\varepsilon}}\left(j_{0}\right)\right\}
$$

Note that $V$ is finite-dimensional, with $\operatorname{dim}(V)=\left|S_{N}\left(j_{0}\right)\right|$. On the other hand, $W$ may be finite or infinite-dimensional, but in any case we have $\operatorname{dim}(W) \leq\left|I_{N+N_{\varepsilon}}\left(j_{0}\right)\right|$ in the sense of the extended reals.

Let $P_{V}$ and $P_{W}$ denote the orthogonal projections of $H$ onto $V$ and $W$, respectively. Define a map $T: V \rightarrow V$ by $T=P_{V} P_{W}$. Note that since the domain of $T$ is $V$, we have $T=P_{V} P_{W} P_{V}$, so $T$ is self-adjoint.

Let us estimate the trace of $T$. First note that every eigenvalue $\lambda$ of $T$ satisfies $|\lambda| \leq\|T\| \leq\left\|P_{V}\right\|\left\|P_{W}\right\|=1$. This provides us with an upper bound for the trace of $T$, since the trace is the sum of the eigenvalues, and hence

$$
\begin{equation*}
\operatorname{trace}(T) \leq \operatorname{rank}(T) \leq \operatorname{dim}(W) \leq\left|I_{N+N_{\varepsilon}}\left(j_{0}\right)\right| \tag{3.1}
\end{equation*}
$$

For a lower estimate, note that $\left\{e_{j}: j \in S_{N}\left(j_{0}\right)\right\}$ is a Riesz basis for $V$. The dual Riesz basis in $V$ is $\left\{P_{V} \tilde{e}_{j}: j \in S_{N}\left(j_{0}\right)\right\}$. Therefore

$$
\begin{align*}
\operatorname{trace}(T) & =\sum_{j \in S_{N}\left(j_{0}\right)}\left\langle T e_{j}, P_{V} \tilde{e}_{j}\right\rangle  \tag{3.2}\\
& =\sum_{j \in S_{N}\left(j_{0}\right)}\left\langle P_{V} T e_{j}, \tilde{e}_{j}\right\rangle \\
& =\sum_{j \in S_{N}\left(j_{0}\right)}\left\langle e_{j}, \tilde{e}_{j}\right\rangle+\sum_{j \in S_{N}\left(j_{0}\right)}\left\langle\left(P_{V} P_{W}-\mathbf{1}\right) e_{j}, \tilde{e}_{j}\right\rangle \\
& \geq\left|S_{N}\left(j_{0}\right)\right|-\sum_{j \in S_{N}\left(j_{0}\right)}\left|\left\langle\left(P_{V} P_{W}-\mathbf{1}\right) e_{j}, \tilde{e}_{j}\right\rangle\right|
\end{align*}
$$

where in the last line we have used the fact that $\left\langle e_{j}, \tilde{e}_{j}\right\rangle=1$.
The elements of any Riesz sequence are uniformly bounded in norm, so $C=$ $\sup _{j}\left\|\tilde{e}_{j}\right\|<\infty$. Hence

$$
\begin{equation*}
\left|\left\langle\left(P_{V} P_{W}-\mathbf{1}\right) e_{j}, \tilde{e}_{j}\right\rangle\right| \leq\left\|\left(P_{V} P_{W}-\mathbf{1}\right) e_{j}\right\|\left\|\tilde{e}_{j}\right\| \leq C\left\|\left(P_{V} P_{W}-\mathbf{1}\right) e_{j}\right\| \tag{3.3}
\end{equation*}
$$

Since $\left(P_{V} P_{W}-\mathbf{1}\right) e_{j} \in V$ while $\left(\mathbf{1}-P_{V}\right) P_{W} e_{j} \perp V$, we have by the Pythagorean Theorem that

$$
\begin{aligned}
\left\|\left(P_{W}-\mathbf{1}\right) e_{j}\right\|^{2} & =\left\|\left(P_{V} P_{W}-\mathbf{1}\right) e_{j}+\left(\mathbf{1}-P_{V}\right) P_{W} e_{j}\right\|^{2} \\
& =\left\|\left(P_{V} P_{W}-\mathbf{1}\right) e_{j}\right\|^{2}+\left\|\left(\mathbf{1}-P_{V}\right) P_{W} e_{j}\right\|^{2}
\end{aligned}
$$

Thus,

$$
\begin{align*}
\left\|\left(P_{V} P_{W}-\mathbf{1}\right) e_{j}\right\|^{2} & =\left\|\left(P_{W}-\mathbf{1}\right) e_{j}\right\|^{2}-\left\|\left(\mathbf{1}-P_{V}\right) P_{W} e_{j}\right\|^{2}  \tag{3.4}\\
& \leq\left\|\left(P_{W}-\mathbf{1}\right) e_{j}\right\|^{2} \\
& =\operatorname{dist}\left(e_{j}, W\right)^{2}
\end{align*}
$$

However, for $j \in S_{N}\left(j_{0}\right)$, we have $I_{N_{\varepsilon}(j)} \subset I_{N+N_{\varepsilon}}\left(j_{0}\right)$, so for such $j$,

$$
\begin{align*}
\operatorname{dist}\left(e_{j}, W\right) & =\operatorname{dist}\left(e_{j}, \overline{\operatorname{span}}\left\{\tilde{f}_{i}: i \in I_{N+N_{\varepsilon}}\left(j_{0}\right)\right\}\right)  \tag{3.5}\\
& \leq \operatorname{dist}\left(e_{j}, \overline{\operatorname{span}}\left\{\tilde{f}_{i}: i \in I_{N_{\varepsilon}}(j)\right\}\right)<\varepsilon
\end{align*}
$$

the last inequality following from the weak HAP. By combining equations (3.2)(3.5), we find that

$$
\begin{equation*}
\operatorname{trace}(T) \geq\left|S_{N}\left(j_{0}\right)\right|-\sum_{j \in S_{N}\left(j_{0}\right)} C \varepsilon=(1-C \varepsilon)\left|S_{N}\left(j_{0}\right)\right| \tag{3.6}
\end{equation*}
$$

Finally, combining the upper estimate for trace( $T$ ) from (3.1) with the lower estimate from (3.6), we obtain

$$
\frac{\left|I_{N+N_{\varepsilon}}\left(j_{0}\right)\right|}{\left|S_{N+N_{\varepsilon}}\left(j_{0}\right)\right|} \geq \frac{(1-C \varepsilon)\left|S_{N}\left(j_{0}\right)\right|}{\left|S_{N+N_{\varepsilon}}\left(j_{0}\right)\right|}
$$

where the left-hand side could be infinite. In any case, taking the infimum over all $j_{0} \in G$ and then the liminf as $N \rightarrow \infty$ yields

$$
D^{-}(I, a)=\liminf _{N \rightarrow \infty} \inf _{j_{0} \in G} \frac{\left|I_{N+N_{\varepsilon}}\left(j_{0}\right)\right|}{\left|S_{N+N_{\varepsilon}}\left(j_{0}\right)\right|} \geq(1-C \varepsilon) \liminf _{N \rightarrow \infty} \frac{\left|S_{N}\left(j_{0}\right)\right|}{\left|S_{N+N_{\varepsilon}}\left(j_{0}\right)\right|}=1-C \varepsilon
$$

the last equality following from the asymptotics in (1.6). Since $\varepsilon$ was arbitrary, we obtain $D^{-}(I, a) \geq 1$.
(b) Let $\tilde{\mathcal{F}}=\left\{\tilde{f}_{i}\right\}_{i \in I}$ be the Riesz sequence in $\overline{\operatorname{span}}(\mathcal{F})$ that is biorthogonal to $\mathcal{F}$, and let $\tilde{\mathcal{E}}=\left\{\tilde{e}_{j}\right\}_{j \in G}$ be the canonical dual frame to $\mathcal{E}$. Fix $\varepsilon>0$, and let $N_{\varepsilon}$ be the number given in the definition of the weak dual HAP. Fix an arbitrary point $j_{0} \in G$ and a box size $N>0$. Define

$$
V=\overline{\operatorname{span}}\left\{f_{i}: i \in I_{N}\left(j_{0}\right)\right\} \quad \text { and } \quad W=\operatorname{span}\left\{\tilde{e}_{j}: j \in S_{N+N_{\varepsilon}}\left(j_{0}\right)\right\}
$$

Note that $W$ is finite-dimensional, with $\operatorname{dim}(W) \leq\left|S_{N+N_{\varepsilon}}\left(j_{0}\right)\right|$. We will show next that $V$ is also finite-dimensional.

Because $\mathcal{F}$ is a Riesz sequence, it is norm-bounded below. In fact, $\left\|f_{i}\right\| \geq A^{1 / 2}$ where $A, B$ are frame bounds for $\mathcal{F}$. Now for $i \in I_{N}\left(j_{0}\right)$ we have $S_{N_{\varepsilon}}(a(i)) \subset$ $S_{N+N_{\varepsilon}}\left(j_{0}\right)$, so

$$
\begin{aligned}
\operatorname{dist}\left(f_{i}, W\right) & =\operatorname{dist}\left(f_{i}, \operatorname{span}\left\{\tilde{e}_{j}: j \in S_{N+N_{\varepsilon}}\left(j_{0}\right)\right\}\right) \\
& \leq \operatorname{dist}\left(f_{i}, \operatorname{span}\left\{\tilde{e}_{j}: j \in S_{N_{\varepsilon}}(a(i))\right\}\right)<\varepsilon
\end{aligned}
$$

the last inequality following from the weak dual HAP. Hence

$$
\begin{equation*}
\forall i \in I_{N}\left(j_{0}\right), \quad\left\|P_{W} f_{i}\right\| \geq\left\|f_{i}\right\|-\varepsilon \geq A^{1 / 2}-\varepsilon \tag{3.7}
\end{equation*}
$$

Thus $\left\{P_{W} f_{i}\right\}_{i \in I_{N}\left(j_{0}\right)}$ is a Bessel sequence in the finite-dimensional space $W$, and furthermore this sequence is norm-bounded below by (3.7). Lemma 3.1 therefore implies that $I_{N}\left(j_{0}\right)$ is finite. Thus $V$ is finite-dimensional, as $\operatorname{dim}(V)=\left|I_{N}\left(j_{0}\right)\right|<$ $\infty$.

Let $P_{V}$ and $P_{W}$ denote the orthogonal projections of $H$ onto $V$ and $W$, respectively, and define a map $T: V \rightarrow V$ by $T=P_{V} P_{W}$. An argument very similar to the one used in part (a) then shows that $(1-C \varepsilon)\left|I_{N}\left(j_{0}\right)\right| \leq\left|S_{N+N_{\varepsilon}}\left(j_{0}\right)\right|$, where $C=\sup _{i}\left\|\tilde{f}_{i}\right\|<\infty$. Taking the supremum over all $j_{0} \in G$ and then the limsup as $N \rightarrow \infty$ then yields the result.

The conclusion of Theorem 3.2(a) allows the possibility that the density might be infinite. Our next main result will show that $\ell^{2}$-row decay implies, at least for Bessel sequences compared to frames, that the upper density is finite.

Theorem 3.3 (Necessary Finite Density Condition). Let $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ be a Bessel sequence in $H$, and suppose $\inf _{i \in I}\left\|f_{i}\right\|>0$. Assume $\mathcal{E}=\left\{e_{j}\right\}_{j \in G}$ is a frame for $H$, and let $a: I \rightarrow G$ be an associated map. If $(\mathcal{F}, a, \mathcal{E})$ has $\ell^{2}$-row decay, then $D^{+}(I, a)<\infty$.
Proof. If we let $S$ be the frame operator for $\mathcal{E}$ then $S^{-1 / 2}(\mathcal{E})$ is a Parseval frame for $H$. Further, $\left\langle f_{i}, e_{j}\right\rangle=\left\langle S^{1 / 2} f_{i}, S^{-1 / 2} e_{j}\right\rangle$ and $S^{1 / 2}(\mathcal{F})$ is still a Bessel sequence in $H$ that is norm-bounded below. Thus, it suffices to show the result when $\mathcal{E}$ is a Parseval frame for $H$.

Let $B$ be the Bessel bound for $\mathcal{F}$, and let $m=\inf _{i}\left\|f_{i}\right\|^{2}$. Fix $0<\varepsilon<m$. Since $(\mathcal{F}, a, \mathcal{E})$ has $\ell^{2}$-row decay, there exists an $N_{\varepsilon}$ such that

$$
\forall i \in I, \quad \sum_{j \in G \backslash S_{N_{\varepsilon}}(a(i))}\left|\left\langle f_{i}, e_{j}\right\rangle\right|^{2}<\varepsilon
$$

Let $j_{0} \in G$ and $N>0$ be given. Define

$$
V=\operatorname{span}\left\{e_{j}: j \in S_{N+N_{\varepsilon}}\left(j_{0}\right)\right\}
$$

and note that $\operatorname{dim}(V) \leq\left|S_{N+N_{\varepsilon}}\left(j_{0}\right)\right|$. Define $L_{V}: H \rightarrow V$ by

$$
L_{V} f=\sum_{j \in S_{N+N_{\varepsilon}}\left(j_{0}\right)}\left\langle f, e_{j}\right\rangle e_{j}, \quad f \in H
$$

and set $h_{i}=L_{V} f_{i}$ for $i \in I$. Since $\left\|L_{V}\right\| \leq 1$, it follows that $\left\{h_{i}\right\}_{i \in I}$ is a Bessel sequence in $H$ with the same Bessel bound $B$ as $\mathcal{F}$.

Now, if $i \in I_{N}\left(j_{0}\right)$ then $a(i) \in S_{N}\left(j_{0}\right)$, so $S_{N_{\varepsilon}}(a(i)) \subset S_{N+N_{\varepsilon}}\left(j_{0}\right)$. Therefore,

$$
\sum_{j \in G \backslash S_{N+N_{\varepsilon}}\left(j_{0}\right)}\left|\left\langle f_{i}, e_{j}\right\rangle\right|^{2} \leq \sum_{j \in G \backslash S_{N_{\varepsilon}}(a(i))}\left|\left\langle f_{i}, e_{j}\right\rangle\right|^{2}<\varepsilon
$$

Hence

$$
\sum_{j \in S_{N+N_{\varepsilon}}\left(j_{0}\right)}\left|\left\langle f_{i}, e_{j}\right\rangle\right|^{2} \geq \sum_{j \in G}\left|\left\langle f_{i}, e_{j}\right\rangle\right|^{2}-\varepsilon=\left\|f_{i}\right\|^{2}-\varepsilon \geq m-\varepsilon
$$

On the other hand,

$$
\sum_{j \in S_{N+N_{\varepsilon}}\left(j_{0}\right)}\left|\left\langle f_{i}, e_{j}\right\rangle\right|^{2}=\left\langle h_{i}, f_{i}\right\rangle \leq\left\|h_{i}\right\|\left\|f_{i}\right\| \leq B^{1 / 2}\left\|h_{i}\right\|
$$

Thus

$$
\left\|h_{i}\right\| \geq \frac{m-\varepsilon}{B^{1 / 2}}, \quad i \in I_{N}\left(j_{0}\right)
$$

Applying Lemma 3.1 (a) to $\left\{h_{i}\right\}_{i \in I_{N}\left(j_{0}\right)}$, we conclude that

$$
B \geq \frac{m-\varepsilon}{B^{1 / 2}} \frac{\left|I_{N}\left(j_{0}\right)\right|}{\operatorname{dim}(V)} \geq \frac{m-\varepsilon}{B^{1 / 2}} \frac{\left|I_{N}\left(j_{0}\right)\right|}{\left|S_{N+N_{\varepsilon}\left(j_{0}\right)}\right|}
$$

Consequently, applying the asymptotics in (1.6), we conclude that

$$
\begin{aligned}
D^{+}(I, a) & =\limsup _{N \rightarrow \infty} \sup _{j_{0} \in G} \frac{\left|I_{N}\left(j_{0}\right)\right|}{\left|S_{N}\left(j_{0}\right)\right|} \\
& \leq \limsup _{N \rightarrow \infty} \sup _{j_{0} \in G} \frac{B^{3 / 2}}{m-\varepsilon} \frac{\left|S_{N+N_{\varepsilon}}\left(j_{0}\right)\right|}{\left|S_{N}\left(j_{0}\right)\right|}=\frac{B^{3 / 2}}{m-\varepsilon}<\infty
\end{aligned}
$$

3.2. The Connection Between Density and Relative Measure. We now derive the fundamental relationship between density and relative measure for localized frames.

Theorem 3.4 (Density-Relative Measure). Let $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ and $\mathcal{E}=\left\{e_{j}\right\}_{j \in G}$ be frame sequences in $H$, and let $a: I \rightarrow G$ be an associated map. If $D^{+}(I, a)<\infty$ and $(\mathcal{F}, a, \mathcal{E})$ has both $\ell^{2}$-column decay and $\ell^{2}$-row decay, then the following statements hold.
(a) For every sequence of centers $c=\left(c_{N}\right)_{N \in \mathbf{N}}$ in $G$,

$$
\begin{aligned}
& \lim _{N \rightarrow \infty} {\left[\left(\frac{1}{\left|S_{N}\left(c_{N}\right)\right|} \sum_{j \in S_{N}\left(c_{N}\right)}\left\langle P_{\mathcal{F}} \tilde{e}_{j}, e_{j}\right\rangle\right)-\right.} \\
&\left.\quad\left(\frac{\left|I_{N}\left(c_{N}\right)\right|}{\left|S_{N}\left(c_{N}\right)\right|}\right)\left(\frac{1}{\left|I_{N}\left(c_{N}\right)\right|} \sum_{i \in I_{N}\left(c_{N}\right)}\left\langle P_{\mathcal{E}} f_{i}, \tilde{f}_{i}\right\rangle\right)\right]=0 .
\end{aligned}
$$

(b) For every sequence of centers $c=\left(c_{N}\right)_{N \in \mathbf{N}}$ in $G$ and any free ultrafilter $p$,

$$
\mathcal{M}_{\mathcal{F}}(\mathcal{E} ; p, c)=D(p, c) \cdot \mathcal{M}_{\mathcal{E}}(\mathcal{F} ; p, c)
$$

Proof. (a) Fix any sequence of centers $c=\left(c_{N}\right)_{N \in \mathbf{N}}$ in $G$. Define

$$
\begin{aligned}
d_{N} & =\frac{\left|I_{N}\left(c_{N}\right)\right|}{\left|S_{N}\left(c_{N}\right)\right|} \\
r_{N} & =\frac{1}{\left|I_{N}\left(c_{N}\right)\right|} \sum_{i \in I_{N}\left(c_{N}\right)}\left\langle P_{\mathcal{E}} f_{i}, \tilde{f}_{i}\right\rangle \\
s_{N} & =\frac{1}{\left|S_{N}\left(c_{N}\right)\right|} \sum_{j \in S_{N}\left(c_{N}\right)}\left\langle P_{\mathcal{F}} \tilde{e}_{j}, e_{j}\right\rangle .
\end{aligned}
$$

We must show that $\left|s_{N}-d_{N} r_{N}\right| \rightarrow 0$.
First, we make some preliminary observations and introduce some notation. Let $A, B$ denote frame bounds for $\mathcal{F}$, and let $E, F$ denote frame bounds for $\mathcal{E}$. Then the canonical dual frame sequences $\tilde{\mathcal{F}}$ and $\tilde{\mathcal{E}}$ have frame bounds $\frac{1}{B}, \frac{1}{A}$ and $\frac{1}{F}, \frac{1}{E}$, respectively. Consequently, for all $i \in I$ and $j \in G$,

$$
\left\|f_{i}\right\|^{2} \leq B, \quad\left\|\tilde{f}_{i}\right\|^{2} \leq \frac{1}{A}, \quad\left\|e_{j}\right\|^{2} \leq F, \quad\left\|\tilde{e}_{j}\right\|^{2} \leq \frac{1}{E}
$$

Fix any $\varepsilon>0$. Since $(\mathcal{F}, a, \mathcal{E})$ has both $\ell^{2}$-column decay and $\ell^{2}$-row decay, there exists an integer $N_{\varepsilon}>0$ such that both equations (2.3) and (2.4) hold. Additionally, since $D^{+}(I, a)<\infty$, there exists an $K>0$ such that (2.2) holds.

Let $P_{\mathcal{F}}$ and $P_{\mathcal{E}}$ denote the orthogonal projections of $H$ onto $\overline{\operatorname{span}}(\mathcal{F})$ and $\overline{\operatorname{span}}(\mathcal{E})$, respectively, and recall that these projections can be realized as in equation (1.8). Then for $N>N_{\varepsilon}$ we have the following:

$$
\begin{align*}
\left|S_{N}\left(c_{N}\right)\right| & \mid\left(s_{N}-d_{N} r_{N}\right)  \tag{3.8}\\
& =\sum_{j \in S_{N}\left(c_{N}\right)}\left\langle\tilde{e}_{j}, P_{\mathcal{F}} e_{j}\right\rangle-\sum_{i \in I_{N}\left(c_{N}\right)}\left\langle P_{\mathcal{E}} f_{i}, \tilde{f}_{i}\right\rangle \\
& =\sum_{j \in S_{N}\left(c_{N}\right)} \sum_{i \in I}\left\langle f_{i}, e_{j}\right\rangle\left\langle\tilde{e}_{j}, \tilde{f}_{i}\right\rangle-\sum_{i \in I_{N}\left(c_{N}\right)} \sum_{j \in J}\left\langle f_{i}, e_{j}\right\rangle\left\langle\tilde{e}_{j}, \tilde{f}_{i}\right\rangle \\
& =T_{1}+T_{2}-T_{3}-T_{4},
\end{align*}
$$

where

$$
\begin{aligned}
T_{1} & =\sum_{j \in S_{N}\left(c_{N}\right)} \sum_{i \in I \backslash I_{N+N_{\varepsilon}}\left(c_{N}\right)}\left\langle f_{i}, e_{j}\right\rangle\left\langle\tilde{e}_{j}, \tilde{f}_{i}\right\rangle, \\
T_{2} & =\sum_{j \in S_{N}\left(c_{N}\right)}\left\langle\sum_{i \in I_{N+N_{\varepsilon}}\left(c_{N}\right) \backslash I_{N}\left(c_{N}\right)}\left\langle f_{i}, e_{j}\right\rangle\left\langle\tilde{e}_{j}, \tilde{f}_{i}\right\rangle,\right. \\
T_{3}= & \sum_{i \in I_{N-N_{\varepsilon}}\left(c_{N}\right)} \sum_{j \in G \backslash S_{N}\left(c_{N}\right)}\left\langle f_{i}, e_{j}\right\rangle\left\langle\tilde{e}_{j}, \tilde{f}_{i}\right\rangle, \\
T_{4}= & \sum_{i \in I_{N}\left(c_{N}\right) \backslash I_{N-N_{\varepsilon}}\left(c_{N}\right)} \sum_{j \in G \backslash S_{N}\left(c_{N}\right)}\left\langle f_{i}, e_{j}\right\rangle\left\langle\tilde{e}_{j}, \tilde{f}_{i}\right\rangle .
\end{aligned}
$$

We will estimate each of these quantities in turn.

Estimate $T_{1}$. If $j \in S_{N}\left(c_{N}\right)$, then $I_{N_{\varepsilon}}(j) \subset I_{N+N_{\varepsilon}}\left(c_{N}\right)$, so by $\ell^{2}$-column decay we have

$$
\sum_{i \in I \backslash I_{N+N_{\varepsilon}}\left(c_{N}\right)}\left|\left\langle f_{i}, e_{j}\right\rangle\right|^{2} \leq \sum_{i \in I \backslash I_{N_{\varepsilon}}(j)}\left|\left\langle f_{i}, e_{j}\right\rangle\right|^{2}<\varepsilon
$$

Using this and the fact that $\left\{\tilde{f}_{i}\right\}_{i \in I}$ is a frame sequence, we estimate that

$$
\begin{aligned}
\left|T_{1}\right| & \leq \sum_{j \in S_{N}\left(c_{N}\right)}\left(\sum_{i \in I \backslash I_{N+N_{\varepsilon}}\left(c_{N}\right)}\left|\left\langle f_{i}, e_{j}\right\rangle\right|^{2}\right)^{1 / 2}\left(\sum_{i \in I \backslash I_{N+N_{\varepsilon}}\left(c_{N}\right)}\left|\left\langle\tilde{e}_{j}, \tilde{f}_{i}\right\rangle\right|^{2}\right)^{1 / 2} \\
& \leq \sum_{j \in S_{N}\left(c_{N}\right)} \varepsilon^{1 / 2}\left(\frac{1}{A}\left\|\tilde{e}_{j}\right\|^{2}\right)^{1 / 2} \leq\left|S_{N}\left(c_{N}\right)\right|\left(\frac{\varepsilon}{A E}\right)^{1 / 2}
\end{aligned}
$$

Estimate $T_{2}$. By (2.2), we have $\left|I_{N+N_{\varepsilon}}\left(c_{N}\right) \backslash I_{N}\left(c_{N}\right)\right| \leq K\left(\left|S_{N+N_{\varepsilon}}\left(c_{N}\right)\right|-\right.$ $\left.\left|S_{N}\left(c_{N}\right)\right|\right)$. Since $\left\{e_{j}\right\}_{j \in G}$ and $\left\{\tilde{e}_{j}\right\}_{j \in G}$ are frame sequences, we therefore have

$$
\begin{aligned}
\left|T_{2}\right| & \leq \sum_{i \in I_{N+N_{\varepsilon}}\left(c_{N}\right) \backslash I_{N}\left(c_{N}\right)}\left(\sum_{j \in G}\left|\left\langle f_{i}, e_{j}\right\rangle\right|^{2}\right)^{1 / 2}\left(\sum_{j \in G}\left|\left\langle\tilde{e}_{j}, \tilde{f}_{i}\right\rangle\right|^{2}\right)^{1 / 2} \\
& \leq \sum_{i \in I_{N+N_{\varepsilon}}\left(c_{N}\right) \backslash I_{N}\left(c_{N}\right)}\left(E\left\|f_{i}\right\|^{2}\right)^{1 / 2}\left(\frac{1}{F}\left\|\tilde{f}_{i}\right\|^{2}\right)^{1 / 2} \\
& \leq K\left(\left|S_{N+N_{\varepsilon}}\left(c_{N}\right)\right|-\left|S_{N}\left(c_{N}\right)\right|\right)\left(\frac{E B}{F A}\right)^{1 / 2} .
\end{aligned}
$$

Estimate $T_{3}$. This estimate is similar to the one for $T_{1}$. If $i \in I_{N-N_{\varepsilon}}\left(c_{N}\right)$ then $a(i) \in S_{N-N_{\varepsilon}}\left(c_{N}\right)$, so $S_{N_{\varepsilon}}(a(i)) \subset S_{N}\left(c_{N}\right)$. Hence, by $\ell^{2}$-row decay,

$$
\sum_{j \in G \backslash S_{N}\left(c_{N}\right)}\left|\left\langle f_{i}, e_{j}\right\rangle\right|^{2} \leq \sum_{j \in G \backslash S_{N_{\varepsilon}}(a(i))}\left|\left\langle f_{i}, e_{j}\right\rangle\right|^{2}<\varepsilon
$$

Since $\left\{\tilde{e}_{j}\right\}_{j \in G}$ is a frame sequence, we therefore have

$$
\begin{aligned}
\left|T_{3}\right| & \leq \sum_{i \in I_{N-N_{\varepsilon}}\left(c_{N}\right)}\left(\sum_{j \in G \backslash S_{N}\left(c_{N}\right)}\left|\left\langle f_{i}, e_{j}\right\rangle\right|^{2}\right)^{1 / 2}\left(\sum_{j \in G}\left|\left\langle\tilde{e}_{j}, \tilde{f}_{i}\right\rangle\right|^{2}\right)^{1 / 2} \\
& \leq \sum_{i \in I_{N-N_{\varepsilon}}\left(c_{N}\right)} \varepsilon^{1 / 2}\left(\frac{1}{E}\left\|\tilde{f}_{i}\right\|^{2}\right)^{1 / 2} \leq K\left|S_{N-N_{\varepsilon}}\left(c_{N}\right)\right|\left(\frac{\varepsilon}{A E}\right)^{1 / 2}
\end{aligned}
$$

Estimate $T_{4}$. This estimate is similar to the one for $T_{2}$. Since $\left\{e_{j}\right\}_{j \in G}$ and $\left\{\tilde{e}_{j}\right\}_{j \in G}$ are frame sequences, we have for $N>N_{\varepsilon}$ that

$$
\begin{aligned}
\left|T_{4}\right| & \leq \sum_{i \in I_{N}\left(c_{N}\right) \backslash I_{N-N_{\varepsilon}}\left(c_{N}\right)}\left(\sum_{j \in G}\left|\left\langle f_{i}, e_{j}\right\rangle\right|^{2}\right)^{1 / 2}\left(\sum_{j \in G}\left|\left\langle\tilde{e}_{j}, \tilde{f}_{i}\right\rangle\right|^{2}\right)^{1 / 2} \\
& \leq K\left(\left|S_{N}\left(c_{N}\right)\right|-\left|S_{N-N_{\varepsilon}}\left(c_{N}\right)\right|\right)\left(\frac{E B}{F A}\right)^{1 / 2}
\end{aligned}
$$

Final Estimate. Applying the above estimates to (3.8), we find that if $N>N_{\varepsilon}$, then

$$
\begin{aligned}
&\left|s_{N}-d_{N} r_{N}\right| \leq \frac{\left|T_{1}\right|+\left|T_{2}\right|+\left|T_{3}\right|+\left|T_{4}\right|}{\left|S_{N}\left(c_{N}\right)\right|} \\
& \leq\left(\frac{\varepsilon}{A E}\right)^{1 / 2}+K\left(\frac{E B}{F A}\right)^{1 / 2} \frac{\left|S_{N+N_{\varepsilon}}\left(c_{N}\right)\right|-\left|S_{N}\left(c_{N}\right)\right|}{\left|S_{N}\left(c_{N}\right)\right|}+ \\
& K\left(\frac{\varepsilon}{A E}\right)^{1 / 2} \frac{\left|S_{N-N_{\varepsilon}}\left(c_{N}\right)\right|}{\left|S_{N}\left(c_{N}\right)\right|}+ \\
& K\left(\frac{E B}{F A}\right)^{1 / 2} \frac{\left|S_{N}\left(c_{N}\right)\right|-\left|S_{N-N_{\varepsilon}}\left(c_{N}\right)\right|}{\left|S_{N}\left(c_{N}\right)\right|}
\end{aligned}
$$

Consequently, applying the asymptotics in (1.6), we conclude that

$$
\limsup _{N \rightarrow \infty}\left|s_{N}-d_{N} r_{N}\right| \leq\left(\frac{\varepsilon}{A E}\right)^{1 / 2}+0+K\left(\frac{\varepsilon}{A E}\right)^{1 / 2}+0
$$

Since $\varepsilon$ was arbitrary, this implies $\lim _{N \rightarrow \infty}\left(s_{N}-d_{N} r_{N}\right)=0$, as desired.
(b) Since ultrafilter limits exist for any bounded sequence and furthermore are linear and respect products, we have

$$
\begin{aligned}
0=p-\lim _{N \in \mathbf{N}}\left(s_{N}-d_{N} r_{N}\right) & =\left(p-\lim _{N \in \mathbf{N}} s_{N}\right)-\left(p-\lim _{N \in \mathbf{N}} d_{N}\right)\left(p-\lim _{N \in \mathbf{N}} r_{N}\right) \\
& =\mathcal{M}_{\mathcal{F}}(\mathcal{E} ; p, c)-D(p, c) \cdot \mathcal{M}_{\mathcal{E}}(\mathcal{F} ; p, c)
\end{aligned}
$$

3.3. Applications of the Density-Relative Measure Theorem. In this section we will derive some consequences of Theorem 3.4.

Our first result specializes Theorem 3.4 to the case where $\mathcal{F}$ and $\mathcal{E}$ are both frames for $H$, including the important special cases where $\mathcal{E}$ is actually a Riesz basis for $H$. It also connects the infinite excess result of Proposition 2.21.

Theorem 3.5 (Abstract Density Theorem). Let $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ and $\mathcal{E}=\left\{e_{j}\right\}_{j \in G}$ be frames for $H$, and let $a: I \rightarrow G$ be an associated map such that $D^{+}(I, a)<\infty$. If $(\mathcal{F}, a, \mathcal{E})$ has both $\ell^{2}$-column decay and $\ell^{2}$-row decay, then the following statements hold.
(a) For each free ultrafilter $p$ and sequence of centers $c=\left(c_{N}\right)_{N \in \mathbf{N}}$ in $G$, we have

$$
\mathcal{M}(\mathcal{E} ; p, c)=D(p, c) \cdot \mathcal{M}(\mathcal{F} ; p, c)
$$

Consequently,

$$
\begin{align*}
& \mathcal{M}^{-}(\mathcal{E}) \leq D^{+}(I, a) \cdot \mathcal{M}^{-}(\mathcal{F}) \leq \mathcal{M}^{+}(\mathcal{E})  \tag{3.10}\\
& \mathcal{M}^{-}(\mathcal{E}) \leq D^{-}(I, a) \cdot \mathcal{M}^{+}(\mathcal{F}) \leq \mathcal{M}^{+}(\mathcal{E}) \tag{3.11}
\end{align*}
$$

(b) If $D^{+}(I, a)>\mathcal{M}^{+}(\mathcal{E})$, then there exists an infinite set $J \subset I$ such that $\left\{f_{i}\right\}_{i \in I \backslash J}$ is still a frame for $H$.

If $\mathcal{E}$ is a Riesz basis for $H$ then the following additional statements hold.
(c) For each free ultrafilter $p$ and sequence of centers $c=\left(c_{N}\right)_{N \in \mathbf{N}}$ in $G$, we have

$$
\mathcal{M}(\mathcal{F} ; p, c)=\frac{1}{D(p, c)}, \quad \mathcal{M}^{-}(\mathcal{F})=\frac{1}{D^{+}(I, a)}, \quad \mathcal{M}^{+}(\mathcal{F})=\frac{1}{D^{-}(I, a)}
$$

(d) $D^{-}(I, a) \geq 1$.
(e) If $D^{+}(I, a)>1$, then there exists an infinite subset $J \subset I$ such that $\left\{f_{i}\right\}_{i \in I \backslash J}$ is still a frame for $H$.
(f) If $\mathcal{F}$ is also a Riesz basis for $H$, then for each free ultrafilter $p$ and sequence of centers $c=\left(c_{N}\right)_{N \in \mathbf{N}}$ in $G$, we have

$$
\begin{aligned}
& D^{-}(I, a)=D(p, c)=D^{+}(I, a)=1 \\
& \mathcal{M}^{-}(\mathcal{F})=\mathcal{M}(\mathcal{F} ; p, c)=\mathcal{M}^{+}(\mathcal{F})=1
\end{aligned}
$$

Proof. (a) Since the closed span of $\mathcal{F}$ and $\mathcal{E}$ is all of $H$, the equality in (3.9) is a restatement of Theorem 3.4(a). For the first inequality in (3.10), choose an ultrafilter $p$ and sequence of centers $c$ such that $\mathcal{M}^{-}(\mathcal{F})=\mathcal{M}(\mathcal{F} ; p, c)$. Then we have

$$
\mathcal{M}^{-}(\mathcal{E}) \leq \mathcal{M}(\mathcal{E} ; p, c)=D(p, c) \cdot \mathcal{M}(\mathcal{F} ; p, c) \leq D^{+}(p, c) \cdot \mathcal{M}^{-}(\mathcal{F})
$$

The other inequalities in (3.10) and (3.11) are similar.
(b) In this case it follows from $(3.10)$ that $\mathcal{M}^{-}(\mathcal{F}) \leq \mathcal{M}^{+}(\mathcal{E}) / D^{+}(I, a)<1$, so the result follows from Proposition 2.21.
(c) If $\mathcal{E}$ is a Riesz basis then $\mathcal{M}(\mathcal{E} ; p, c)=\mathcal{M}^{ \pm}(\mathcal{E})=1$, so the result follows from part (a).
(d) Follows from part (c) and the fact that $0 \leq \mathcal{M}^{+}(\mathcal{F}) \leq 1$.
(e) Follows from part (b) and the fact that $\mathcal{M}^{+}(\mathcal{E})=1$.
(f) If $\mathcal{F}$ is a Riesz basis then $\mathcal{M}^{ \pm}(\mathcal{F})=1$, so this follows from part (c).

Note that the conclusion $D^{-}(I, a) \geq 1$ of Theorem $3.5(\mathrm{~d})$ is shown under a weaker hypothesis in Theorem 3.2. Specifically, Theorem 3.2 requires only the hypothesis that the weak HAP be satisfied. However, the stronger localization hypotheses of Theorem 3.5 ( $\ell^{2}$-column and row decay) yields the significantly stronger conclusions of Theorem 3.5.

Next we derive relationships among the density, frame bounds, and norms of the frame elements for localized frames. In particular, part (a) provides an estimate of the relations between frame bounds, density, and limits of averages of the norms of frame elements. Many of the frames that are important in applications, such as Gabor frames, are uniform norm frames, i.e., all the frame elements have identical norms, and for these frames these averages are a constant. As a consequence, we show that if $\mathcal{F}$ and $\mathcal{E}$ are both tight uniform norm frames, then the index set $I$ must have uniform density.

Theorem 3.6 (Density-Frame Bounds). Let $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ be a frame for $H$ with frame bounds $A, B$, and let $\mathcal{E}=\left\{e_{j}\right\}_{j \in G}$ be a frame for $H$ with frame bounds $E, F$. Let $a: I \rightarrow G$ be an associated map such that $D^{+}(I, a)<\infty$. If $(\mathcal{F}, a, \mathcal{E})$ has both $\ell^{2}$-column decay and $\ell^{2}$-row decay, then the following statements hold.
(a) For each free ultrafilter $p$ and sequence of centers $c=\left(c_{N}\right)_{N \in \mathbf{N}}$ in $G$, we have
$\frac{1}{F} p_{N \in \mathbf{N}}-\lim _{N} \frac{1}{\left|S_{N}\left(c_{N}\right)\right|} \sum_{j \in S_{N}\left(c_{N}\right)}\left\|e_{j}\right\|^{2} \leq \frac{D(p, c)}{A} p_{N \in \mathbf{N}}-\lim _{N} \frac{1}{\left|I_{N}\left(c_{N}\right)\right|} \sum_{i \in I_{N}\left(c_{N}\right)}\left\|f_{i}\right\|^{2}$,
$\frac{1}{E} p-\lim _{N \in \mathbf{N}} \frac{1}{\left|S_{N}\left(c_{N}\right)\right|} \sum_{j \in S_{N}\left(c_{N}\right)}\left\|e_{j}\right\|^{2} \geq \frac{D(p, c)}{B} p_{N \in \mathbf{N}}^{p-\lim _{N}} \frac{1}{\left|I_{N}\left(c_{N}\right)\right|} \sum_{i \in I_{N}\left(c_{N}\right)}\left\|f_{i}\right\|^{2}$.
(b) We have

$$
\frac{A}{F} \frac{\liminf _{j}\left\|e_{j}\right\|^{2}}{\limsup _{i}\left\|f_{i}\right\|^{2}} \leq D^{-}(I, a) \leq D^{+}(I, a) \leq \frac{B}{E} \frac{\limsup _{j}\left\|e_{j}\right\|^{2}}{\operatorname{lim\operatorname {inf}_{i}\| f_{i}\| ^{2}}}
$$

(c) If $\mathcal{F}$ and $\mathcal{E}$ are both uniform norm frames, with $\left\|f_{i}\right\|^{2}=\mathcal{N}_{\mathcal{F}}$ for $i \in I$ and $\left\|e_{j}\right\|^{2}=\mathcal{N}_{\mathcal{E}}$ for $j \in G$, then

$$
\frac{A \mathcal{N}_{\mathcal{E}}}{F \mathcal{N}_{\mathcal{F}}} \leq D^{-}(I, a) \leq D^{+}(I, a) \leq \frac{B \mathcal{N}_{\mathcal{E}}}{E \mathcal{N}_{\mathcal{F}}}
$$

Consequently, if $\mathcal{F}$ and $\mathcal{E}$ are both tight uniform norm frames, then $I$ has uniform density, with $D^{-}(I, a)=D^{+}(I, a)=\left(A \mathcal{N}_{\mathcal{E}}\right) /\left(E \mathcal{N}_{\mathcal{F}}\right)$.

Proof. (a) Let $S$ be the frame operator for $\mathcal{F}$. Then $A \mathbf{1} \leq S \leq B \mathbf{1}$, so we have $\left\langle f_{i}, \tilde{f}_{i}\right\rangle=\left\langle f_{i}, S^{-1}\left(f_{i}\right)\right\rangle \leq \frac{1}{A}\left\langle f_{i}, f_{i}\right\rangle=\frac{1}{A}\left\|f_{i}\right\|^{2}$, and hence
$\mathcal{M}(\mathcal{F} ; p, c)=p-\lim _{N \in \mathbf{N}} \frac{1}{\left|I_{N}\left(c_{N}\right)\right|} \sum_{i \in I_{N}\left(c_{N}\right)}\left\langle f_{i}, \tilde{f}_{i}\right\rangle \leq \frac{1}{A} p_{N \in \mathbf{N}}^{p-\lim } \frac{1}{\left|I_{N}\left(c_{N}\right)\right|} \sum_{i \in I_{N}\left(c_{N}\right)}\left\|f_{i}\right\|^{2}$.
Similarly $\left\langle\tilde{e}_{j}, e_{j}\right\rangle \geq \frac{1}{F}\left\|e_{j}\right\|^{2}$, so
$\mathcal{M}(\mathcal{E} ; p, c)=p-\lim _{N \in \mathbf{N}} \frac{1}{\left|S_{N}\left(c_{N}\right)\right|} \sum_{j \in S_{N}\left(c_{N}\right)}\left\langle\tilde{e}_{j}, e_{j}\right\rangle \geq \frac{1}{F} p-\lim _{N \in \mathbf{N}} \frac{1}{\left|S_{N}\left(c_{N}\right)\right|} \sum_{j \in S_{N}\left(c_{N}\right)}\left\|e_{j}\right\|^{2}$.
Combining these inequalities with the equality $\mathcal{M}(\mathcal{E} ; p, c)=D(p, c) \cdot \mathcal{M}(\mathcal{F} ; p, c)$ from Theorem 3.5(a) yields (3.12). Inequality (3.13) is similar, using $\left\langle f_{i}, \tilde{f}_{i}\right\rangle \geq \frac{1}{B}\left\|f_{i}\right\|^{2}$ and $\left\langle\tilde{e}_{j}, e_{j}\right\rangle \leq \frac{1}{E}\left\|e_{j}\right\|^{2}$.
(b) Observe that
and combine this and a similar inequality for $\mathcal{E}$ with (3.12).
(c) This is an immediate consequence of part (b).

A similar result can be formulated in terms of the norms $\left\|\tilde{f}_{i}\right\|$ of the canonical dual frame elements, by using the inequality $A\left\|\tilde{f}_{i}\right\|^{2} \leq\left\langle f_{i}, \tilde{f}_{i}\right\rangle \leq B\left\|\tilde{f}_{i}\right\|$.
3.4. Removing Sets of Positive Measure. In this section, we will show that by imposing a stronger form of localization than we used in Theorem 3.5, a subset of positive measure may be removed yet still leave a frame. This is a stronger conclusion than the infinite excess statements of Proposition 2.21 or Theorem 3.5, which only state that an infinite set may be removed, without any conclusion about the density of that set.

In the remainder of this section we will use the results of Appendix A, as well as the following notations. If $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ is a frame then the orthogonal projection of $\ell^{2}(I)$ onto the range of the analysis operator $T$ is $\mathbf{P}=T S^{-1} T^{*}$. Given $J \subset I$, we define truncated analysis and frame operators $T_{J} f=\left\{\left\langle f, f_{i}\right\rangle\right\}_{i \in J}$ and $S_{J} f=$ $\sum_{i \in J}\left\langle f, f_{i}\right\rangle f_{i}$. We let $R_{J}: \ell^{2}(I) \rightarrow \ell^{2}(I)$ be the projection operator given by $\left(R_{J} c\right)_{k}=c_{k}$ for $k \in J$, and 0 otherwise. Written as matrices,

$$
\mathbf{P}=T S^{-1} T^{*}=\left[\left\langle f_{i}, \tilde{f}_{j}\right\rangle\right]_{i, j \in I} \quad \text { and } \quad T_{J} S^{-1} T_{J}^{*}=\left[\left\langle f_{i}, \tilde{f}_{j}\right\rangle\right]_{i, j \in J}
$$

The following lemma characterizes those subsets of a frame which can be removed yet still leave a frame.

Lemma 3.7. Let $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ be a frame for $H$, with frame bounds $A, B$. Let $J \subset I$ be given, and define

$$
\begin{equation*}
\rho=\left\|T_{J} S^{-1} T_{J}^{*}\right\|=\left\|S^{-1 / 2} S_{J} S^{-1 / 2}\right\|=\left\|R_{J} \mathbf{P} R_{J}\right\| \tag{3.14}
\end{equation*}
$$

Then $\mathcal{F}_{I \backslash J}=\left\{f_{i}\right\}_{i \in I \backslash J}$ is a frame for $H$ if and only if $\rho<1$. In this case, $A(1-\rho), B$ are frame bounds for $\mathcal{F}_{I \backslash J}$.
Proof. First, the fact that equality holds in (3.14) is a consequence of the fact that $\left\|L^{*} L\right\|=\left\|L L^{*}\right\|$ for any operator $L$. Specifically,

$$
\begin{aligned}
\left\|S^{-1 / 2} S_{J} S^{-1 / 2}\right\| & =\left\|\left(S^{-1 / 2} T_{J}^{*}\right)\left(S^{-1 / 2} T_{J}^{*}\right)^{*}\right\|=\left\|\left(S^{-1 / 2} T_{J}^{*}\right)^{*}\left(S^{-1 / 2} T_{J}^{*}\right)\right\| \\
& =\left\|T_{J} S^{-1} T_{J}^{*}\right\|=\left\|R_{J} T S^{-1} T^{*} R_{J}\right\|=\left\|R_{J} \mathbf{P} R_{J}\right\|
\end{aligned}
$$

Second, since $\mathcal{F}_{I \backslash J}$ is a subset of $\mathcal{F}$, it is clearly a Bessel sequence with Bessel bound $B$. Further, $S_{I \backslash J}$ is a bounded operator on $H$, satisfying $0 \leq S_{I \backslash J} \leq S \leq B I$. Therefore, $\mathcal{F}_{I \backslash J}$ is a frame for $H$ with frame bounds $A^{\prime}, B$ if and only if $A^{\prime} \mathbf{1} \leq S_{I \backslash J}$.

Suppose now that $\rho=\left\|S^{-1 / 2} S_{J} S^{-1 / 2}\right\|<1$. Then

$$
S_{I \backslash J}=S-S_{J}=S^{1 / 2}\left(\mathbf{1}-S^{-1 / 2} S_{J} S^{-1 / 2}\right) S^{1 / 2}
$$

is invertible. Further,

$$
\left\langle S^{-1 / 2} S_{J} S^{-1 / 2} f, f\right\rangle \leq\left\|S^{-1 / 2} S_{J} S^{-1 / 2}\right\|\|f\|^{2} \leq \rho\|f\|^{2}=\langle\rho \mathbf{1} f, f\rangle
$$

so

$$
\begin{aligned}
S_{I \backslash J} & =S^{1 / 2}\left(\mathbf{1}-S^{-1 / 2} S_{J} S^{-1 / 2}\right) S^{1 / 2} \\
& \geq S^{1 / 2}(\mathbf{1}-\rho \mathbf{1}) S^{1 / 2}=(1-\rho) S \geq(1-\rho) A \mathbf{1}
\end{aligned}
$$

Thus $\mathcal{F}_{I \backslash J}$ is a frame for $H$ with frame bounds $(1-\rho) A, B$.
Conversely, if $\mathcal{F}_{I \backslash J}$ is a frame with frame bounds $A^{\prime}, B$ then $S_{I \backslash J} \geq A^{\prime} \mathbf{1}$, so

$$
\mathbf{1}-S^{-1 / 2} S_{J} S^{-1 / 2}=S^{-1 / 2} S_{I \backslash J} S^{-1 / 2} \geq S^{-1 / 2} A^{\prime} \mathbf{1} S^{-1 / 2}=A^{\prime} S^{-1} \geq \frac{A^{\prime}}{B} \mathbf{1}
$$

Hence $\rho=\left\|S^{-1 / 2} S_{J} S^{-1 / 2}\right\| \leq\left\|\left(1-\frac{A^{\prime}}{B}\right) \mathbf{1}\right\|=1-\frac{A^{\prime}}{B}<1$.

Now we can give the first main result of this section, that if $\mathcal{M}\left(\mathcal{F}^{+}\right)<1$ and we have $\ell^{1}$-localization with respect to the dual frame, then a set of positive uniform density can be removed yet still leave a frame. Note by Theorem 2.14 the hypothesis of $\ell^{1}$-localization with respect to the canonical dual is implied by $\ell^{1}$-self-localization. Although we omit it, it is possible to give a direct proof of the following result under the hypothesis of $\ell^{1}$-self-localization that does not appeal to Theorem 2.14.

Theorem 3.8 (Positive Uniform Density Removal). Let $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ be a frame sequence with frame bounds $A, B$, with associated map $a: I \rightarrow G$, and assume that the following statements hold:
(a) $0<D^{-}(I, a) \leq D^{+}(I, a)<\infty$,
(b) $(\mathcal{F}, a)$ is $\ell^{1}$-localized with respect to its canonical dual frame, and
(c) $\mathcal{M}^{+}(\mathcal{F})<1$.

Then there exists a subset $J \subset I$ such that $D^{+}(J, a)=D^{-}(J, a)>0$ and $\mathcal{F}_{I \backslash J}=$ $\left\{f_{i}\right\}_{i \in I \backslash J}$ is a frame for $\overline{\operatorname{span}}(\mathcal{F})$.

Moreover, if $\mathcal{M}^{+}(\mathcal{F})<\alpha<1$ and $J_{\alpha}$ is defined by (2.9), i.e.,

$$
J_{\alpha}=\left\{i \in I:\left\langle f_{i}, \tilde{f}_{i}\right\rangle \leq \alpha\right\}
$$

then for each $0<\varepsilon<1-\alpha$ there exists a subset $J \subset J_{\alpha}$ such that $D^{+}(J, a)=$ $D^{-}(J, a)>0$ and $\mathcal{F}_{I \backslash J}=\left\{f_{i}\right\}_{i \in I \backslash J}$ is a frame for $\operatorname{span}(\mathcal{F})$ with frame bounds $A(1-\alpha-\varepsilon), B$.

Proof. Note first that by Corollary $2.23(\mathrm{a})$, if $\mathcal{M}^{+}(\mathcal{F})<\alpha<1$ then we have that $D^{-}\left(J_{\alpha}, a\right)>0$. Also, since $(\mathcal{F}, a)$ is $\ell^{1}$-localized with respect to its dual frame, there exists $r \in \ell^{1}(G)$ such that $\left|\left\langle f_{i}, \tilde{f}_{j}\right\rangle\right| \leq r_{a(i)-a(j)}$ for all $i, j \in I$. Given $0<\varepsilon<1-\alpha$, let $N_{\varepsilon}$ be large enough that

$$
\sum_{k \in G \backslash S_{N_{\varepsilon}}(0)} r_{k}<\varepsilon
$$

Since $D^{-}\left(J_{\alpha}, a\right)>0$, there exists $N_{0}>0$ such that $\left|I_{N_{0}}(j) \cap J_{\alpha}\right|>0$ for every $j \in G$. Let $N=\max \left\{N_{\varepsilon}, N_{0}\right\}$, and define

$$
\mathcal{Q}=\left\{S_{N}(2 N k): k \in G\right\} .
$$

Each preimage $I_{N}(2 N k)=a^{-1}\left(S_{N}(2 N k)\right)$ of the boxes in $\mathcal{Q}$ contains at least one point of $J_{\alpha}$. For each $k$, select one such point, say $i_{k} \in I_{N}(2 N k) \cap J_{\alpha}$, and set $J=$ $\left\{i_{k}: k \in G\right\}$. Then $J$ has positive density, with $D^{+}(J, a)=D^{-}(J, a)=\frac{1}{\left|S_{2 N}(0)\right|}$.

Consider now the matrix $T_{J} S^{-1} T_{J}^{*}=\left[\left\langle f_{i}, \tilde{f}_{j}\right\rangle\right]_{i, j \in J}$. Write $T_{J} S^{-1} T_{J}^{*}=D+V$, where $D$ is the diagonal part of $T_{J} S^{-1} T_{J}^{*}$ and $V=\left[v_{i j}\right]_{i, j \in J}$. By the definition of $J_{\alpha}$, we have $\|D\|=\sup _{i \in J}\left\langle f_{i}, \tilde{f}_{i}\right\rangle \leq \alpha$. Define

$$
s_{k}= \begin{cases}r_{k}, & k \notin S_{N_{\varepsilon}}(0) \\ 0, & k \in S_{N_{\varepsilon}}(0)\end{cases}
$$

If $i, j \in J$ and $i \neq j$, then $a(i)-a(j) \notin S_{N_{\varepsilon}}(0)$, and therefore $\left|v_{i j}\right|=\left|\left\langle f_{i}, \tilde{f}_{j}\right\rangle\right| \leq$ $r_{a(i)-a(j)}=s_{a(i)-a(j)}$. On the other hand, $\left|v_{i i}\right|=0=s_{a(i)-a(i)}$. Applying Proposition A.3(a) to $V$ and the index set $J$ therefore yields

$$
\|V\| \leq \sum_{k \in G} s_{k}=\sum_{k \in G \backslash S_{N_{\varepsilon}}(0)} r_{k}<\varepsilon
$$

Therefore $\left\|T_{J} S^{-1} T_{J}^{*}\right\| \leq\|D\|+\|V\| \leq \alpha+\varepsilon<1$. Lemma 3.7 therefore implies that $\left\{f_{i}\right\}_{i \in I \backslash J}$ is a frame for $H$ with frame bounds $A(1-\alpha-\varepsilon), B$.

If we impose $\ell^{2}$-column decay and $\ell^{2}$-row decay, then we can reformulate Theorem 3.8 in terms of density instead of relative measure.

Corollary 3.9. Let $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ and $\mathcal{E}=\left\{e_{j}\right\}_{j \in G}$ be frames for $H$, and let $A, B$ be frame bounds for $\mathcal{F}$. Let $a: I \rightarrow G$ be an associated map, and assume that the following statements hold:
(a) $0<D^{-}(I, a) \leq D^{+}(I, a)<\infty$,
(b) $(\mathcal{F}, a)$ is $\ell^{1}$-localized with respect to its canonical dual frame,
(c) $(\mathcal{F}, a, \mathcal{E})$ has both $\ell^{2}$-column decay and $\ell^{2}$-row decay, and
(d) $\mathcal{M}^{+}(\mathcal{E})<D^{-}(I, a)$; in particular, $D^{-}(I, a)>1$ if $\mathcal{E}$ is a Riesz basis.

Then $\mathcal{M}^{+}(\mathcal{F})<1$, and then there exists a subset $J \subset I$ such that $D^{+}(J, a)=$ $D^{-}(J, a)>0$ and $\mathcal{F}_{I \backslash J}=\left\{f_{i}\right\}_{i \in I \backslash J}$ is a frame for $\overline{\operatorname{span}}(\mathcal{F})$.

Moreover, if $\mathcal{M}^{+}(\mathcal{F})<\alpha<1$ and $J_{\alpha}$ is defined by (2.9), then for each $0<$ $\varepsilon<1-\alpha$ there exists a subset $J \subset J_{\alpha}$ such that $D^{+}(J, a)=D^{-}(J, a)>0$ and $\mathcal{F}_{I \backslash J}=\left\{f_{i}\right\}_{i \in I \backslash J}$ is a frame for $\overline{\operatorname{span}}(\mathcal{F})$ with frame bounds $A(1-\alpha-\varepsilon), B$.
Proof. By Theorem 3.5 we have $\mathcal{M}^{+}(\mathcal{F}) \leq \frac{\mathcal{M}^{+}(\mathcal{E})}{D^{-(I, a)}}<1$, so the result follows by applying Theorem 3.8.

Theorem 3.8 and Corollary 3.9 are evidence that the reciprocal of the relative measure should in fact be a quantification of the redundancy of an abstract frame. Concentrating for purposes of discussion on the case where $\mathcal{E}$ is a Riesz basis (and hence $\mathcal{M}^{+}(\mathcal{E})=1$ ), this quantification would be precise if it was the case that if $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ is an appropriately localized frame and if $\mathcal{M}^{+}(\mathcal{F})<1$, then there exists a subset $I^{\prime}$ of $I$ with density $1+\varepsilon$ such that $\mathcal{F}^{\prime}=\left\{f_{i}\right\}_{i \in I^{\prime}}$ is still a frame for $H$ (and not merely, as implied by Theorem 3.8 or Corollary 3.9 , that there is some set $J$ with positive density such that $\left\{f_{i}\right\}_{i \in I \backslash J}$ is a frame). To try to prove such a result, we could attempt to iteratively apply Corollary 3.9 , repeatedly removing sets of positive measure until we are left with a subset of density $1+\varepsilon$ that is still a frame. However there are several obstructions to this approach. One is that with each iteration, the lower frame bound is reduced and may approach zero in the limit. A second problem is that the lower density of $I^{\prime}$ may eventually approach 1. Because Corollary 3.9 removes sets of uniform density, we would then have $D^{+}\left(I^{\prime}, a\right)$ approaching $1+D^{+}(I, a)-D^{-}(I, a)$, which for a frame with non-uniform density would not be of the form $1+\varepsilon$ with $\varepsilon$ small. Due to the length and breadth of this work, we have chosen to omit some results dealing with this second obstruction.
3.5. Localized Frames and $\varepsilon$-Riesz sequences. Feichtinger has conjectured that every frame that is norm-bounded below can be written as a union of a finite number of Riesz sequences (systems that are Riesz bases for their closed linear spans). It is shown in [CCLV03] and [CV03] that Feichtinger's conjecture is closely related to the celebrated Kadison-Singer conjecture. In particular, it is shown there that Kadison-Singer implies the Feichtinger conjecture, and the Feichtinger conjecture is equivalent to a conjectured generalization of the Bourgain-Tzafriri restricted invertibility theorem.

In this section we will show that every $\ell^{1}$-self-localized frame that is normbounded below is a finite union of $\varepsilon$-Riesz sequences, and every frame that is normbounded below and $\ell^{1}$-localized with respect to its dual frame is a finite union of Riesz sequences.
Definition 3.10. If $0<\varepsilon<1$ and $f_{i} \in H$, then $\left\{f_{i}\right\}_{i \in I}$ is an $\varepsilon$-Riesz sequence if there exists a constant $A>0$ such that for every sequence $\left(c_{i}\right)_{i \in I} \in \ell^{2}(I)$ we have

$$
(1-\varepsilon) A \sum_{i \in I}\left|c_{i}\right|^{2} \leq\left\|\sum_{i \in I} c_{i} f_{i}\right\|^{2} \leq(1+\varepsilon) A \sum_{i \in I}\left|c_{i}\right|^{2}
$$

Every $\varepsilon$-Riesz sequence is a Riesz sequence, i.e., a Riesz basis for its closed linear span.

Theorem 3.11. Let $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ be a sequence in $H$ and let $a: I \rightarrow G$ be an associated map. If
(a) $(\mathcal{F}, a)$ is $\ell^{1}$-self-localized,
(b) $D^{+}(I, a)<\infty$, and
(c) $\inf _{i}\left\|f_{i}\right\|>0$,
then for each $0<\varepsilon<\inf _{i}\left\|f_{i}\right\|, \mathcal{F}$ can be written as a finite union of $\varepsilon$-Riesz sequences.
Proof. Recall that $G$ has the form $G=\prod_{i=1}^{d} a_{i} \mathbf{Z} \times \prod_{j=1}^{e} \mathbf{Z}_{n_{j}}$. For simplicity of notation, we will treat the case where $a_{i}=1$ for all $i$, so $G=\mathbf{Z}^{d} \times H$ with $H=\prod_{j=1}^{e} \mathbf{Z}_{n_{j}}$. The general case is similar.

For this proof we will use boxes in $G$ of the form

$$
B_{N}(j)=j+\left(\left[-\frac{N}{2}, \frac{N}{2}\right)^{d} \times H\right), \quad j \in G, N>0
$$

Set $m=\inf _{i}\left\|f_{i}\right\|^{2}$ and $M=\sup _{i}\left\|f_{i}\right\|^{2}$. Fix $0<\varepsilon<m$, set $\delta=\varepsilon m$, and choose $K$ so that $\frac{M-m}{K}<\frac{\delta}{2}$. Partition $I$ into subsequences $\left\{J_{k}\right\}_{k=1}^{K}$ so that

$$
\forall i \in J_{k}, \quad m+\frac{M-m}{K}(k-1) \leq\left\|f_{i}\right\|^{2} \leq m+\frac{M-m}{K} k
$$

Since $(\mathcal{F}, a)$ is $\ell^{1}$-self-localized, there exists an $r \in \ell^{1}(G)$ such that $\left|\left\langle f_{i}, f_{j}\right\rangle\right| \leq$ $r_{a(i)-a(j)}$ for all $i, j \in I$. Let $N_{\delta}$ be large enough that

$$
\sum_{n \in G \backslash B_{N_{\delta}}(0)} r_{n}<\frac{\delta}{2}
$$

Let $\left\{u_{\nu}\right\}_{\nu=1}^{2^{d}}$ be a list of the vertices of the unit cube $[0,1]^{d}$. For $\nu=1, \ldots, 2^{d}$, define

$$
\mathcal{Q}_{\nu}=\left\{B_{N_{\delta}}\left(2 N_{\delta} n+N_{\delta} u_{\nu}\right)\right\}_{n \in \mathbf{Z}^{d}}
$$

Each $\mathcal{Q}_{\nu}$ is a set of disjoint boxes in $G$, each of which is separated by a distance of at least $N_{\delta}$ from the other boxes. Furthermore, the union of the boxes in $\mathcal{Q}_{\nu}$ for $\nu=1, \ldots, 2^{d}$ forms a disjoint cover of $G$.

Since $D^{+}(I, a)<\infty$, we have $L=\sup _{n \in G}\left|I_{N_{\delta}}(n)\right|<\infty$. Therefore each box in $\mathcal{Q}_{\nu}$ contains at most $L$ points of $a(I)$. By choosing, for each fixed $k$ and $\nu$, at most
a single element of $J_{k}$ out of each box in $\mathcal{Q}_{\nu}$, we can divide each subsequence $J_{k}$ into $2^{d} L$ or fewer subsequences $\left\{J_{k \ell}\right\}_{\ell=1}^{K_{k}}$ in such a way that

$$
\forall i, j \in J_{k \ell}, \quad i \neq j \Longrightarrow a(i)-a(j) \notin B_{N_{\delta}}(0) .
$$

Fix $k, \ell$, let $G_{k \ell}=\left[\left\langle f_{i}, f_{j}\right\rangle\right]_{i, j \in J_{k \ell}}$, and write $G_{k \ell}=D_{k \ell}+V_{k \ell}$, where $D_{k \ell}$ is the diagonal part of $G_{k \ell}$. Set

$$
s_{n}= \begin{cases}r_{n}, & n \notin B_{N_{\delta}}(0) \\ 0, & n \in B_{N_{\delta}}(0)\end{cases}
$$

If we write the entries of $V_{k \ell}$ as $V_{k \ell}=\left[v_{i j}\right]_{i, j \in J}$ then we have $\left|v_{i j}\right| \leq s_{a(i)-a(j)}$ for all $i, j \in J$. Applying Proposition A. 3 to the matrix $V_{k \ell}$ and the index set $J$ therefore implies

$$
\left\|V_{k \ell}\right\| \leq \sum_{n \in G} s_{n}=\sum_{n \in G \backslash B_{N_{\delta}}(0)} r_{n}<\frac{\delta}{2} .
$$

Hence, given any sequence $c=\left(c_{i}\right)_{i \in J_{k \ell}} \in \ell^{2}\left(J_{k \ell}\right)$, we have

$$
\begin{aligned}
\left\|\sum_{i \in J_{k \ell}} c_{i} f_{i}\right\|^{2} & =\left\langle\sum_{i \in J_{k \ell}} c_{i} f_{i}, \sum_{j \in J_{k \ell}} c_{j} f_{j}\right\rangle \\
& =\sum_{i \in J_{k \ell}}\left|c_{i}\right|^{2}\left\|f_{i}\right\|^{2}+\sum_{i, j \in J_{k \ell},}{ }_{i \neq j} c_{i} \bar{c}_{j}\left\langle f_{i}, f_{j}\right\rangle \\
& \leq\left(m+\frac{M-m}{K} k\right) \sum_{i \in J_{k \ell}}\left|c_{i}\right|^{2}+\left\langle V_{k \ell} c, c\right\rangle \\
& \leq\left(m+\frac{M-m}{K} k+\frac{\delta}{2}\right)\|c\|_{\ell^{2}}^{2} \\
& \leq\left(m+\frac{M-m}{K} k+\varepsilon m\right)\|c\|_{\ell^{2}}^{2} \\
& \leq(1+\varepsilon)\left(m+\frac{M-m}{K}\right)\|c\|_{\ell^{2}}^{2}
\end{aligned}
$$

Similarly,

$$
\begin{aligned}
\left\|\sum_{i \in J_{k \ell}} c_{i} f_{i}\right\|^{2} & \geq\left(m+\frac{M-m}{K}(k-1)\right) \sum_{i \in J_{k \ell}}\left|c_{i}\right|^{2}-\left\langle V_{k \ell} c, c\right\rangle \\
& \geq\left(m+\frac{M-m}{K} k-\frac{M-m}{K}-\frac{\delta}{2}\right)\|c\|_{\ell^{2}}^{2} \\
& \geq\left(m+\frac{M-m}{K} k-\delta\right)\|c\|_{\ell^{2}}^{2} \\
& \geq\left(m+\frac{M-m}{K} k-\varepsilon m\right)\|c\|_{\ell^{2}}^{2} \\
& \geq(1-\varepsilon)\left(m+\frac{M-m}{K} k\right)\|c\|_{\ell^{2}}^{2} .
\end{aligned}
$$

Thus each $\left\{f_{i}\right\}_{i \in J_{k \ell}}$ is an $\varepsilon$-Riesz sequence.
Corollary 3.12. Let $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ be a sequence in $H$ and let $a: I \rightarrow G$ be an associated map. If
(a) $(\mathcal{F}, a)$ is $\ell^{1}$-localized with respect to its canonical dual frame,
(b) $D^{+}(I, a)<\infty$, and
(c) $\inf _{i}\left\|f_{i}\right\|>0$,
then $\mathcal{F}$ can be written as a finite union of Riesz sequences.
Proof. Let $S$ be the frame operator for $\mathcal{F}$. Then $\left(S^{-1 / 2}(\mathcal{F}), a\right)$ is $\ell^{1}$-self-localized by Remark $2.13(\mathrm{~b})$, and we have $\inf _{i}\left\|S^{-1 / 2} f_{i}\right\|>0$ since $S^{-1 / 2}$ is a continuous bijection. If we fix $0<\varepsilon<\inf _{i}\left\|S^{-1 / 2}\left(f_{i}\right)\right\|^{2}$, then Theorem 3.11 implies that $S^{-1 / 2}(\mathcal{F})$ is a finite union of $\varepsilon$-Riesz sequences, and hence $\mathcal{F}$ is a finite union of Riesz sequences.

## Appendix A. The Algebra of $\ell^{1}$-Localized Operators

Our goal in this appendix is to prove Theorem 2.14. However, we first develop some machinery about the algebra of matrices which are bounded by Toeplitz-like matrices which have an $\ell^{1}$-decay on the diagonal.

Definition A.1. Let $I$ be a countable index set and $a: I \rightarrow G$ an associated map. We say that an $I \times I$ matrix $V=\left[v_{i j}\right]_{i, j \in J}$ has $\ell^{1}$-decay if there exists $r \in \ell^{1}(G)$ such that $\left|v_{i j}\right| \leq r_{a(i)-a(j)}$. We call $r$ an associated sequence. We define

$$
\mathcal{B}_{1}(I, a)=\left\{V: V \text { has } \ell^{1} \text {-decay }\right\} .
$$

and set $\mathcal{B}_{1}(G)=\mathcal{B}_{1}(G, I d)$, where $I d$ is the identity map.
Remark A.2. Let $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ be a frame for $H$. Let $T$ be the analysis operator and $S=T^{*} T$ the frame operator, and $\tilde{\mathcal{F}}=\left\{\tilde{f}_{i}\right\}_{i \in I}$ the canonical dual frame.
(a) $(\mathcal{F}, a)$ is $\ell^{1}$-self-localized if and only if its Gram operator $V=T T^{*}=$ $\left[\left\langle f_{i}, f_{j}\right\rangle\right]_{i, j \in I}$ lies in $\mathcal{B}_{1}(I, a)$.
(b) The Gram operator of $\tilde{\mathcal{F}}$ is $\tilde{V}=\left[\left\langle\tilde{f}_{i}, \tilde{f}_{j}\right\rangle\right]_{i, j \in I}=T S^{-2} T^{*}$. Since $V \tilde{V}=$ $T S^{-1} T^{*}=P_{V}$, the orthogonal projection onto the range of $V$, we have that $\tilde{V}=V^{\dagger}$ is the pseudo-inverse of $V$.
(c) $(\mathcal{F}, a)$ is $\ell^{1}$-localized with respect to its canonical dual frame $\tilde{\mathcal{F}}$ if and only if the cross-Grammian matrix $P_{V}=T S^{-1} T^{*}=\left[\left\langle f_{i}, \tilde{f}_{j}\right\rangle\right]_{i, j \in I}$ lies in $\mathcal{B}_{1}(I, a)$. Further, by Remark $2.13(\mathrm{~b})$, this occurs if and only if $\left(S^{-1 / 2}(\mathcal{F}), a\right)$ is $\ell^{1}$-self-localized, where $S^{-1 / 2}(\mathcal{F})$ is the canonical Parseval frame.

Proposition A.3. Let $I$ be a countable index set and $a: I \rightarrow G$ an associated map such that $D^{+}(I, a)<\infty$, and let $K=\sup _{n \in G}\left|a^{-1}(n)\right|$. Then the following statements hold.
(a) If $V$ has $\ell^{1}$-decay and $r$ is an associated sequence, then $V$ maps $\ell^{2}(I)$ boundedly into itself, with operator norm $\|V\| \leq K\|r\|_{\ell^{1}}$.
(b) The following statements hold:
i. $\mathcal{B}_{1}(I, a)$ is closed under addition and multiplication,
ii. the following is a norm on $\mathcal{B}_{1}(I, a)$ :

$$
\|V\|_{\mathcal{B}_{1}}=\inf \left\{\|r\|_{\ell^{1}}: r \text { is a sequence associated to } V\right\}
$$

iii. $\mathcal{B}_{1}(I, a)$ is complete with respect to this norm, and
iv. we have

$$
\begin{equation*}
\|V W\|_{\mathcal{B}_{1}} \leq K\|V\|_{\mathcal{B}_{1}}\|W\|_{\mathcal{B}_{1}} \tag{A.1}
\end{equation*}
$$

In particular, if $K=1$ then $\mathcal{B}_{1}(I, a)$ is a Banach algebra.
(c) If $V \in \mathcal{B}_{1}(I, a)$ and $r$ is an associated sequence, then for any polynomial $p(x)=c_{0}+c_{1} x+\cdots+c_{n} x^{N}$ we have $p(V) \in \mathcal{B}_{1}(I, a)$, and an associated sequence is

$$
\left|c_{0}\right| \delta+\left|c_{1}\right| r+K\left|c_{2}\right|(r * r)+\cdots+K^{n-1}\left|c_{n}\right|(r * \cdots * r)
$$

where $\delta=\left(\delta_{0 k}\right)_{k \in G}$.
Proof. (a) Given a sequence $c=\left(c_{i}\right)_{i \in I} \in \ell^{2}(I)$, define $d \in \ell^{2}(G)$ by

$$
d_{n}=\sum_{j \in a^{-1}(n)}\left|c_{j}\right|
$$

where we define the sum to be zero if $a^{-1}(n)=\emptyset$. Note that $\|d\|_{\ell^{2}} \leq K^{1 / 2}\|c\|_{\ell^{2}}$. Given $i \in I$, we have

$$
\begin{aligned}
\left|(V c)_{i}\right| \leq \sum_{j \in I}\left|v_{i j}\right|\left|c_{j}\right| & \leq \sum_{j \in I} r_{a(i)-a(j)}\left|c_{j}\right| \\
& =\sum_{n \in G} \sum_{j \in a^{-1}(n)} r_{a(i)-n}\left|c_{j}\right| \\
& =\sum_{n \in G} r_{a(i)-n} d_{n} \\
& =(r * d)_{a_{i}}
\end{aligned}
$$

Therefore,

$$
\|V c\|_{\ell^{2}}^{2} \leq \sum_{i \in I}\left|(r * d)_{a(i)}\right|^{2} \leq K\|r * d\|_{\ell^{2}}^{2} \leq K\|r\|_{\ell^{1}}^{2}\|d\|_{\ell^{2}}^{2} \leq K^{2}\|r\|_{\ell^{1}}^{2}\|c\|_{\ell^{2}}^{2}
$$

(b) Let $\left\{\delta_{i}\right\}_{i \in I}$ be the standard basis for $\ell^{2}(I)$. Suppose $V, W \in \mathcal{B}_{1}(I, a)$ with associated sequences $r, s$, and let $c \in \mathbf{C}$. Then

$$
\left|\left\langle(c V+W) \delta_{i}, \delta_{j}\right\rangle\right| \leq|c| r_{a(i)-a(j)}+s_{a(i)-a(j)}=(|c| r+s)_{a(i)-a(j)}
$$

and

$$
\begin{aligned}
\left|\left\langle W V \delta_{i}, \delta_{j}\right\rangle\right|=\left|\left\langle V \delta_{i}, W^{*} \delta_{j}\right\rangle\right| & =\left|\sum_{k \in I}\left\langle V \delta_{i}, \delta_{k}\right\rangle\left\langle\delta_{k}, W^{*} \delta_{j}\right\rangle\right| \\
& \leq \sum_{k \in I}\left|\left\langle V \delta_{i}, \delta_{k}\right\rangle\right|\left|\left\langle W \delta_{k}, \delta_{j}\right\rangle\right| \\
& \leq \sum_{k \in I} r_{a(i)-a(k)} s_{a(k)-a(j)} \\
& \leq K \sum_{n \in G} r_{a(i)-n} s_{n-a(j)} \\
& =K(r * s)_{a(i)-a(j)}
\end{aligned}
$$

These facts show that $\mathcal{B}_{1}(I, a)$ is an algebra and establish the norm inequality in (A.1). It is easy to see that $\|\cdot\|_{\mathcal{B}_{1}}$ is indeed a norm on $\mathcal{B}_{1}(I, a)$, so it only remains to show that $\mathcal{B}_{1}(I, a)$ is complete with respect to this norm.

Assume that $V_{n}=\left[v_{i j}^{n}\right]_{i, j \in I}$ for $n \in \mathbf{N}$ forms a Cauchy sequence of matrices in $\mathcal{B}_{1}(I, a)$. Then, for every $\varepsilon>0$ there is $N_{\varepsilon}>0$ so that for every $m, n \geq N_{\varepsilon}$ there is a sequence $r^{m, n} \in \ell^{1}(G)$ such that

$$
\left|v_{i j}^{n}-v_{i j}^{m}\right| \leq r_{a(i)-a(j)}^{m, n} \quad \text { and } \quad\left\|r^{m, n}\right\|_{\ell^{1}}<\varepsilon
$$

Then for each fixed $i, j$, the sequence of entries $\left(v_{i j}^{n}\right)_{n \in \mathbf{N}}$ is Cauchy, and hence converges to some finite scalar $v_{i j}$. Set $V=\left[v_{i j}\right]_{i, j \in I}$.

Consider now $\varepsilon_{k}=\frac{1}{2^{k}}$ for $k>0$, and let $N_{k}=N_{\varepsilon_{k}}$ be as above. Set $N_{0}=0$ and $V^{0}=0$. Define $r=\sum_{k} r^{N_{k+1}, N_{k}}$. Then $r \in \ell^{1}(G)$, and

$$
\left|v_{i j}\right|=\lim _{k \rightarrow \infty}\left|v_{i j}^{N_{k}}\right| \leq \sum_{k=0}^{\infty}\left|v_{i j}^{N_{k+1}}-v_{i j}^{N_{k}}\right| \leq r_{a(i)-a(j)}
$$

Hence $V \in \mathcal{B}_{1}(I, a)$, and it similarly follows that $V^{n} \rightarrow V$ in $\mathcal{B}_{1}(I, a)$.
(c) Follows by part (b) and induction.

The key to proving Theorem 2.14 is the following fundamental extension of Wiener's Lemma. This theorem was proved by Baskakov in [Bas90] and by Sjöstrand in [Sjo95] (see also [Kur90], [Bas97]).

Theorem A.4. If $V \in \mathcal{B}_{1}(G)$ is an invertible mapping of $\ell^{2}(G)$ onto itself then $V^{-1} \in \mathcal{B}_{1}(G)$.
Remark A.5. (a) Sjöstrand proves this result for the case $G=\mathbf{Z}^{d}$, but the same technique can be easily applied to the more general groups we consider in this paper. Also, Kurbatov proves a more general result for bounded operators on $\ell^{p}\left(\mathbf{Z}^{d}\right)$.
(b) Theorem A. 4 is similar to Jaffard's Lemma [Jaf90], which states that if $V$ is invertible on $\ell^{2}(G)$ and satisfies $\left|V_{i j}\right| \leq C(1+|i-j|)^{-s}$ for some $C, s>0$, then $V^{-1}$ has the same decay, i.e., $\left|V_{i j}^{-1}\right| \leq C^{\prime}(1+|m-n|)^{-s}$ for some $C^{\prime}>0$. Jaffard's Lemma was used by Gröchenig in his development of localized frames in [Grö04].

Next we define an embedding of the set $\mathbb{F}(I)$ of all frames for $H$ indexed by $I$ into the set $\mathbb{F}\left(G \times \mathbf{Z}_{K}\right)$ of all frames indexed by $G \times \mathbf{Z}_{K}$.
Notation A.6. Let $I$ be a countable index set and $a: I \rightarrow G$ and associated map such that $D^{+}(I, a)<\infty$. Let $K=\sup _{n \in G}\left|a^{-1}(n)\right|<\infty$. For each $n \in G$ let $K_{n}=\left|a^{-1}(n)\right|$, and write $a^{-1}(n)=\left\{i_{n k}\right\}_{k=0}^{K_{n}-1}$ (it may be the case that $a^{-1}(n)$ is the empty set). Given a sequence $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$, for each $n \in G$ we set

$$
f_{n k}^{\prime}= \begin{cases}f_{i_{n k}}, & k=0, \ldots, K_{n}-1 \\ 0, & k=K_{n}, \ldots, K-1\end{cases}
$$

and define $\mathcal{F}^{\prime}=\left\{f_{n k}^{\prime}\right\}_{n \in G, k \in \mathbf{Z}_{K}}$. Define $a^{\prime}: G \times \mathbf{Z}_{K} \rightarrow G$ by $a^{\prime}(i, j)=i$.
The following properties are immediate.
Lemma A.7. Let $I$ be a countable index set and $a: I \rightarrow G$ and associated map such that $D^{+}(I, a)<\infty$. Let $\mathcal{F}=\left\{f_{i}\right\}_{i \in I}$ be a frame for $H$. Then the following statements hold.
(a) $\mathcal{F}^{\prime}$ is a frame for $H$.
(b) $(\mathcal{F}, a)$ is $\ell^{1}$-self-localized if and only if $\left(\mathcal{F}^{\prime}, a^{\prime}\right)$ is $\ell^{1}$-self-localized.
(c) $(\mathcal{F}, a)$ is $\ell^{1}$-localized with respect to its canonical dual frame if and only if $\left(\mathcal{F}^{\prime}, a^{\prime}\right)$ is $\ell^{1}$-localized with respect to its canonical dual frame.
(d) If $\tilde{\mathcal{F}}$ and $\widetilde{\mathcal{F}^{\prime}}$ denote the canonical duals of $\mathcal{F}$ and $\mathcal{F}^{\prime}$, respectively, then $\widetilde{\mathcal{F}^{\prime}}=(\tilde{\mathcal{F}})^{\prime}$.

Now we can prove Theorem 2.14.
Proof of Theorem 2.14. By Lemma A.7, it suffices to consider the case where $I$ is a group of the form given in (1.1), i.e., we can without loss of generality take $I=G$. Assume that $\mathcal{F}$ is a frame for $H$ such that $(\mathcal{F}, a)$ is $\ell^{1}$-self-localized. Let $V=\left[\left\langle f_{i}, f_{j}\right\rangle\right]_{i, j \in G}$ denote its Gram matrix. With respect to the algebra $\mathcal{B}\left(\ell^{2}(G)\right)$ of bounded operators mapping $\ell^{2}(G)$ into itself, the spectrum $\operatorname{Sp}_{\mathcal{B}\left(\ell^{2}(G)\right)}(V)$ of $V$ is a closed set contained in $\{0\} \cup[A, B]$, where $A, B$ are the frame bounds of $\mathcal{F}$. On the other hand $V$ belongs to the algebra $\mathcal{B}_{1}(G)$, and since $\mathcal{B}_{1}(G) \subset \mathcal{B}\left(\ell^{2}(G)\right)$, we have the inclusion of spectra

$$
\operatorname{Sp}_{\mathcal{B}\left(\ell^{2}(G)\right)}(V) \subset \operatorname{Sp}_{\mathcal{B}_{1}(G)}(V)
$$

Theorem A. 4 implies that the converse inclusion holds true as well, for if $z \notin$ $\operatorname{Sp}_{\mathcal{B}\left(\ell^{2}(G)\right)}(V)$ then $z I d-V$ is an invertible mapping of $\ell^{2}(G)$ into itself, and therefore $(z I d-V)^{-1} \in \mathcal{B}_{1}(G)$ by Theorem A.4. Thus $\operatorname{Sp}_{\mathcal{B}_{1}(G)}(V)=\operatorname{Sp}_{\mathcal{B}\left(\ell^{2}(G)\right)}(V) \subset$ $\{0\} \cup[A, B]$. Let $\Gamma$ denote the circle of radius $B / 2$ centered at $(A+B) / 2$ in the complex plane. Then by standard holomorphic calculus [RN90], the operator

$$
V^{\dagger}=\frac{1}{2 \pi i} \int_{\Gamma} \frac{1}{z}(z I d-V)^{-1} d z
$$

belongs to $\mathcal{B}_{1}(G)$. However, the same formula in $\mathcal{B}\left(\ell^{2}(G)\right)$ defines the pseudoinverse of $V$. Hence $V^{\dagger} \in \mathcal{B}_{1}(G)$, so $(\tilde{\mathcal{F}}, a)$ is $\ell^{1}$-self-localized. Additionally, $P_{V}=V V^{\dagger} \in$ $\mathcal{B}_{1}(G)$, so $(\mathcal{F}, a)$ is $\ell^{1}$-localized with respect to its canonical dual and the associated Parseval frame is $\ell^{1}$-self-localized.

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